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| OV-LC-logo-small (4)  **Sunday** | **Monday** | June 2017  **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  | **Seniors Month**  Image result for seniors month 2017 |  |  | **1.**  9:15 Reminiscence –Boardroom  10:00 Balance Class-3rd  10:00 Shetland-Ch 69  10:45 Roman Catholic Mass- Chapel  11:00 TED Talks-Boardroom  “A Tribute to Nurses”  11:15 Wellness Class-3rd  *1:30 Sightseeing Bus*  2:00 Bridge-3rd floor  2:00 Bingo  3:15 “Charity Walker Wash” for ALS  7:00 Miss Fisher’s Murder Mysteries -Ch 69 | ***2.***  *9:15 Manotick Shopping*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 The Crown-Ch 69  10:30 Jeopardy Game 2:00 Romance Movie- Ch 69  2:00 Social Hour and Entertainment with Margie  and Bruce  7:00 Miss Fisher’s Murder Mysteries -Ch 69 | ***3.***  10:00 Bianca and Izzy on Piano  10:30 Singalong with Shannon  11:00 Tai Chi-3rd fl  2:00 Movie Quartet-Theatre Room  2:00 Documentary Ch 69  7:00-8:00  Spring Fling with the Swampwater Jazz Band  7:00 Miss Fisher’s Murder Mysteries -Ch 69 |
| **4.**  10:00 Trivia  10:00 Wild Europe-Ch 69  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  2:00 Classic Movie-Ch 69  2:00 Ecumenical Service with  Bob Caines  3:00 Elly Plays the Fiddle  7:00 Miss Fisher’s Murder Mysteries -Ch 69 | ***5.***  FOOTCARE NURSE IN  9*:15 Shopping at Kemptville*  9:30 Chair Exercises 3rd fl  10:00 Growing Up Wild-Ch 69  10:00 Chair Exercises 3rd fl  10:45 Prof Cammy Current Events  2:00 Bingo  2:00 Classic Movie CH 69  2:30 Movie Tall Men Theatre  3:00-&3:30 Ice Cream  4:00 Rev Hartman Hymn Sings  7:00 Miss Fisher’s Murder Mysteries -Ch 69 | ***6.***  9:00 Manicures with YAZMIN  10:00 Balance Class- 3rd  10:00 Secrets of British Castles  10:30 Brain Games-1st fl floor  11:15 Catholic Rosary  11:15 Wellness Class-3rd  2:00 Bingo  2:00 Comedy Movie-Ch 69  3:00 Latin Chair dancing  4:00 Joe plays Piano  7:00 Miss Fisher’s Murder Mysteries -Ch 69 | ***7.***  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 Midsomer Murders-Ch 69  10:30 3rd floor Activities  2:00 Art Group 1st floor  2:00 Western Movie –Ch 69  3:00 George Plays Piano-1st fl  6:15 Euchre with Liz 1st fl  3:00 Suites-  Heart and Stroke Guest Speaker  7:00 Miss Fisher’s Murder Mysteries -Ch 69 | ***8.***  9:15 Reminiscence -Boardroom  10:00 Balance Class-3rd  10:00 Shetland-Ch 69  11:00 TED Talks-Boardroom  “Music for Wood and Strings”  11:15 Wellness Class  2:00 Bridge-3rd floor  2:00 Bingo-1  3:15 Giant Crossword-1st  7:00 Miss Fisher’s Murder Mysteries -Ch 69 | ***9.***  *9:15 Manotick Shopping*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 The Crown-Ch 69  10:30 OT Dog Lucy visits-3rd  2:00 Romance Movie- Ch 69  2:00 Social Hour & Entertainment with  The Diamonds  7:00 Miss Fisher’s Murder Mysteries -Ch 69 | ***10.***  *9*:15 North Gower Farmer’s Market  11:00 Tai Chi-3rd fl  2:00 Documentary Ch 69  2:00 Movie My Fair Lady Theatre Room  7:00 Miss Fisher’s Murder Mysteries -Ch 69 |
| **11.**  10:00 Wild Europe-Ch 69  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  2:00 Ecumenical Service with K. Holman  2:00 Classic Movie-Ch 69  2:00 Movie The Jewel of the Nile Theatre Room  7:00 Miss Fisher’s Murder Mysteries -Ch 69 | ***12.***  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 Growing Up Wild-Ch 69  10:00 Handi House Shoe Sales  10:30 Knitting and Crochet Group 3rd  *1:00 Sightseeing Bus OVR*  2:00 Bingo  2:00 Classic The Maltese Falcon Movie CH 69  2:30 Movie Theatre Room  3:00 Ice Cream  3:30 The Rivermen  Happy 100thBirthday Party Dorothy F  7:00 Miss Fisher’s Murder Mysteries -Ch 69 | **13.**  9:30 Mary Cook Stories with Fran-1st fl  10:00 Balance Class- 3rd  10:00 Secrets of British Castles  10:30 Brain Games-1st fl floor  11:15 Catholic Rosary  11:15 Wellness Class-3rd  2:00 Comedy Movie-Ch 69  2:00 Bingo  2:30 Aquafit Class/Pool  2:30 Residents Council Meeting  4:00 Joe plays Piano  7:00 Miss Fisher’s Murder Mysteries -Ch 69 | **14.**  *9:15 Shopping at Barrhaven Mall*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 Midsomer Murders-Ch 69  10:30 3rd Floor Activities  2:00 Western Movie –Ch 69  2:00 Art Group 1st floor  3:00 Edith plays the Organ-3rd  6:15 Euchre with Liz 1st fl  7:00 Miss Fisher’s Murder Mysteries -Ch 69 | ***15.***  9:15 Reminiscence -Boardroom  10:00 Balance Class-3rd  10:00 Shetland-Ch 69  10:30 Heidi and Rolf Clothing Sales  10:45 Roman Catholic Mass- Chapel  11:00 TED Talks-Boardroom  “Are you a giver or a taker?”  11:15 Kars Father’s Day Luncheon  11:15 Wellness Class-3rd  2:00 Bridge-3rd floor  2:00 Bingo-1st  3:15 Father’s Day Trivia  7:00 Miss Fisher’s Murder Mysteries -Ch 69 | **16.**  *9:15 Manotick Shopping*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 The Crown-Ch 69  10:30 Jeopardy-1st fl  2:00 Romance Movie- Ch 69  2:00 Social Hour & Entertainment with Bob Schwartz  7:00 Miss Fisher’s Murder Mysteries -Ch 69 | **17.**  11:00 Tai Chi-3rd fl  2:00 Movie Left Field Theatre Room  2:00 Documentary Ch 69  4:00 Singalong with Shannon  7:00 Miss Fisher’s Murder Mysteries -Ch 69 |
| ***18.*FATHER’S DAY**  10:00 Wild Europe-Ch 69  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  2:00 Ecumenical Service with K Holman  2:00 Movie Life with Father- Theatre Room  2:00 Classic Movie-Ch 69  **5:00 Father’s Day BBQ**  7:00 Miss Fisher’s Murder Mysteries -Ch 69 | **19.**  FOOTCARE NURSE IN  9:30 Chair Exercises 3rd fl  10:00 Growing Up Wild-Ch 69  10:00 Chair Exercises 3rd fl  **10:00 White Elephant Sale**  2:00 Classic Movie CH 69  10:30 Knitting and Crochet Group 3rd  2:30 Movie – Holiday Inn Theatre Room  3:00-&3:30 Ice Cream  3:30 Entertainer –  Will’s World of Words  7:00 Miss Fisher’s Murder Mysteries -Ch 69 | **20.**  9:00 Manicures with YAZMIN  *9:30 Shopping in Merrickville*  10:00 Balance Class- 3rd  10:00 Secrets of British Castles  10:30 Brain Games-1st fl floor  11:15 Catholic Rosary  11:15 Wellness Class-3rd  2:00 Comedy Movie-Ch 69  2:00 Bingo  2:30 Aquafit Class/Pool  3:00 Latin Chair dancing  4:00 Joe plays Piano  7:00 Miss Fisher’s Murder Mysteries -Ch 69 | **21.**  *9:15 Shopping at Billings Bridge*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 Midsomer Murders-Ch 69  10:30 3rd Floor Activities  12:00 St Hubert Take Out Lunch 2:00 Western Movie –Ch 69  2:00 Art Group 1st floor  2:00 Entertainment with Musical Memories  6:15 Euchre with Liz 1st fl  7:00 Miss Fisher’s Murder Mysteries -Ch 69 | **22.**  9:15 Reminiscence -BRDRM  10:00 Balance Class-3rd  10:00 Ecumenical Service with Rev. Elaine Beattie United  10:00 Shetland-Ch 69  11:00 TED Talks-Boardroom  “Should we Simplify Spelling?”  11:00 Sunshine Gifts Vendor  11:15 Wellness Class-3rd  2:00 Bridge-3rd floor  2:00 Bingo-1st  3:15 Hangman-1st floor  7:00 Miss Fisher’s Murder Mysteries -Ch 69 | **23.**  *9:15 Manotick Shopping*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 The Crown-Ch 69  10:30 OT Dog Lucy visits-3rd  2:00 Romance Movie- Ch 69  2:00 Social Hour & Entertainment with  Simon Clarke and  Strawberry Shortcake  7:00 Miss Fisher’s Murder Mysteries -Ch 69 | ***24.***  11:00 Tai Chi-3rd fl  2:00 Movie Road TO Bali Theatre Room  2:00 Documentary Ch 69  7:00 Miss Fisher’s Murder Mysteries -Ch 69 |
| **25.**  10:00 Wild Europe-Ch 69  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  2:00 Classic Movie-Ch 69  2:00 Ecumenical Service with Rev Gratton  2:00 Movie My Favourite Brunette Theatre Room  7:00 Miss Fisher’s Murder Mysteries -Ch 69 | **26.**  *9:30 Shoreline Daycare Visit*  9:30 Chair Exercises 3rd fl  10:00 Growing Up Wild-Ch 69  10:00 Chair Exercises 3rd fl  2:00 Classic Movie CH 69  10:30 Knitting &Crochet Group  *1:30 Sightseeing Bus OVR*  2:00 Bingo  2:30 Movie –Ya Ya Sisterhood  3:00-&3:30 Ice Cream  **3:30 Flower Arranging by Bloomex-$18** | **27.***9:30 Doran Ship Museum and*  *Lunch Out*  10:00 Balance Class- 3rd  10:00 Secrets of British Castles  10:30 Brain Games-1st fl floor  11:15 Catholic Rosary  11:15 Wellness Class-3rd  2:00 Comedy Movie-Ch 69  2:00 Bingo  2:30 Aquafit Class/Pool  2:45 Zoo Crew Show-Grandchildren welcome  4:00 Joe plays Piano | **28.**  7-1 Pounds Pulse and Pressure-  Chapel  *9:15 Shopping Carlingwood Mall Lunch Out*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd f  10:00 Midsomer Murders-Ch 69  10:30 3rd Floor Activities  2:30 Art Group 1st floor  2:30 Friendship Tea and Scones  3:30 Spelling Bee- Boardroom  6:15 Euchre with Liz 1st fl | **29.**  *9:15 Manotick Shopping*  9:15 Reminiscence -Boardroom  10:00 Balance Class-3rd  11:00 TED Talks-Boardroom  “How to gain control of your free time”  11:15 Wellness Class-3rd  *1:30 Sightseeing Bus*  2:00 Bridge-3rd floor  2:00 Bingo-1st  3:15 Giant Crossword-1st floor | **30.**  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  **10:00 BBQ & Car Show**  10:30 Jeopardy-1st  2:00 Romance Movie- Ch 69  2:00 Social Hour & Entertainment with  Jack Schoular and Birthday Bash | Subject to Changes  May 25th  AQUAFIT CLASSES TUES  2:30 p.m.  Pool Open Daily  1-3 pm  weather permitting |