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| OV-LC-logo-small (4)**Sunday** | **Monday** | June 2017**Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  | **Seniors Month**Image result for seniors month 2017 |  |  | **1.** 9:15 Reminiscence –Boardroom10:00 Balance Class-3rd10:00 Shetland-Ch 6910:45 Roman Catholic Mass- Chapel11:00 TED Talks-Boardroom“A Tribute to Nurses”11:15 Wellness Class-3rd *1:30 Sightseeing Bus*2:00 Bridge-3rd floor2:00 Bingo 3:15 “Charity Walker Wash” for ALS7:00 Miss Fisher’s Murder Mysteries -Ch 69 | ***2.****9:15 Manotick Shopping*9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl10:00 The Crown-Ch 6910:30 Jeopardy Game 2:00 Romance Movie- Ch 692:00 Social Hour and Entertainment with Margie and Bruce7:00 Miss Fisher’s Murder Mysteries -Ch 69 | ***3.***10:00 Bianca and Izzy on Piano10:30 Singalong with Shannon11:00 Tai Chi-3rd fl 2:00 Movie Quartet-Theatre Room2:00 Documentary Ch 697:00-8:00Spring Fling with the Swampwater Jazz Band7:00 Miss Fisher’s Murder Mysteries -Ch 69 |
| **4.**10:00 Trivia10:00 Wild Europe-Ch 6911:00 Catholic Rosary Prayer11:15 Catholic Communion2:00 Classic Movie-Ch 692:00 Ecumenical Service with Bob Caines3:00 Elly Plays the Fiddle7:00 Miss Fisher’s Murder Mysteries -Ch 69 | ***5.***FOOTCARE NURSE IN9*:15 Shopping at Kemptville*9:30 Chair Exercises 3rd fl10:00 Growing Up Wild-Ch 6910:00 Chair Exercises 3rd fl10:45 Prof Cammy Current Events2:00 Bingo 2:00 Classic Movie CH 692:30 Movie Tall Men Theatre 3:00-&3:30 Ice Cream4:00 Rev Hartman Hymn Sings 7:00 Miss Fisher’s Murder Mysteries -Ch 69 | ***6.***9:00 Manicures with YAZMIN10:00 Balance Class- 3rd10:00 Secrets of British Castles10:30 Brain Games-1st fl floor11:15 Catholic Rosary11:15 Wellness Class-3rd2:00 Bingo2:00 Comedy Movie-Ch 693:00 Latin Chair dancing4:00 Joe plays Piano7:00 Miss Fisher’s Murder Mysteries -Ch 69 | ***7.***9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl 10:00 Midsomer Murders-Ch 6910:30 3rd floor Activities2:00 Art Group 1st floor 2:00 Western Movie –Ch 693:00 George Plays Piano-1st fl6:15 Euchre with Liz 1st fl3:00 Suites-Heart and Stroke Guest Speaker7:00 Miss Fisher’s Murder Mysteries -Ch 69 | ***8.***9:15 Reminiscence -Boardroom10:00 Balance Class-3rd 10:00 Shetland-Ch 6911:00 TED Talks-Boardroom“Music for Wood and Strings”11:15 Wellness Class2:00 Bridge-3rd floor 2:00 Bingo-13:15 Giant Crossword-1st7:00 Miss Fisher’s Murder Mysteries -Ch 69 | ***9.****9:15 Manotick Shopping*9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl10:00 The Crown-Ch 6910:30 OT Dog Lucy visits-3rd2:00 Romance Movie- Ch 692:00 Social Hour & Entertainment withThe Diamonds7:00 Miss Fisher’s Murder Mysteries -Ch 69 | ***10.****9*:15 North Gower Farmer’s Market11:00 Tai Chi-3rd fl 2:00 Documentary Ch 692:00 Movie My Fair Lady Theatre Room7:00 Miss Fisher’s Murder Mysteries -Ch 69 |
| **11.**10:00 Wild Europe-Ch 6911:00 Catholic Rosary Prayer11:15 Catholic Communion2:00 Ecumenical Service with K. Holman2:00 Classic Movie-Ch 692:00 Movie The Jewel of the Nile Theatre Room7:00 Miss Fisher’s Murder Mysteries -Ch 69 | ***12.***9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl10:00 Growing Up Wild-Ch 6910:00 Handi House Shoe Sales10:30 Knitting and Crochet Group 3rd *1:00 Sightseeing Bus OVR*2:00 Bingo 2:00 Classic The Maltese Falcon Movie CH 692:30 Movie Theatre Room 3:00 Ice Cream3:30 The Rivermen Happy 100thBirthday Party Dorothy F7:00 Miss Fisher’s Murder Mysteries -Ch 69 | **13.**9:30 Mary Cook Stories with Fran-1st fl10:00 Balance Class- 3rd10:00 Secrets of British Castles10:30 Brain Games-1st fl floor11:15 Catholic Rosary11:15 Wellness Class-3rd  2:00 Comedy Movie-Ch 692:00 Bingo2:30 Aquafit Class/Pool2:30 Residents Council Meeting4:00 Joe plays Piano7:00 Miss Fisher’s Murder Mysteries -Ch 69 | **14.***9:15 Shopping at Barrhaven Mall*9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl10:00 Midsomer Murders-Ch 6910:30 3rd Floor Activities2:00 Western Movie –Ch 692:00 Art Group 1st floor3:00 Edith plays the Organ-3rd6:15 Euchre with Liz 1st fl7:00 Miss Fisher’s Murder Mysteries -Ch 69 | ***15.***9:15 Reminiscence -Boardroom10:00 Balance Class-3rd10:00 Shetland-Ch 6910:30 Heidi and Rolf Clothing Sales10:45 Roman Catholic Mass- Chapel11:00 TED Talks-Boardroom“Are you a giver or a taker?”11:15 Kars Father’s Day Luncheon11:15 Wellness Class-3rd2:00 Bridge-3rd floor2:00 Bingo-1st3:15 Father’s Day Trivia7:00 Miss Fisher’s Murder Mysteries -Ch 69 | **16.***9:15 Manotick Shopping*9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl10:00 The Crown-Ch 6910:30 Jeopardy-1st fl2:00 Romance Movie- Ch 692:00 Social Hour & Entertainment with Bob Schwartz7:00 Miss Fisher’s Murder Mysteries -Ch 69 | **17.**11:00 Tai Chi-3rd fl 2:00 Movie Left Field Theatre Room2:00 Documentary Ch 694:00 Singalong with Shannon7:00 Miss Fisher’s Murder Mysteries -Ch 69 |
| ***18.*FATHER’S DAY**10:00 Wild Europe-Ch 6911:00 Catholic Rosary Prayer11:15 Catholic Communion2:00 Ecumenical Service with K Holman2:00 Movie Life with Father- Theatre Room2:00 Classic Movie-Ch 69**5:00 Father’s Day BBQ** 7:00 Miss Fisher’s Murder Mysteries -Ch 69 | **19.**FOOTCARE NURSE IN9:30 Chair Exercises 3rd fl10:00 Growing Up Wild-Ch 6910:00 Chair Exercises 3rd fl**10:00 White Elephant Sale**2:00 Classic Movie CH 6910:30 Knitting and Crochet Group 3rd 2:30 Movie – Holiday Inn Theatre Room 3:00-&3:30 Ice Cream 3:30 Entertainer –Will’s World of Words7:00 Miss Fisher’s Murder Mysteries -Ch 69 | **20.**9:00 Manicures with YAZMIN*9:30 Shopping in Merrickville* 10:00 Balance Class- 3rd10:00 Secrets of British Castles10:30 Brain Games-1st fl floor11:15 Catholic Rosary11:15 Wellness Class-3rd 2:00 Comedy Movie-Ch 692:00 Bingo2:30 Aquafit Class/Pool3:00 Latin Chair dancing4:00 Joe plays Piano7:00 Miss Fisher’s Murder Mysteries -Ch 69 | **21.***9:15 Shopping at Billings Bridge*9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl10:00 Midsomer Murders-Ch 6910:30 3rd Floor Activities12:00 St Hubert Take Out Lunch 2:00 Western Movie –Ch 692:00 Art Group 1st floor2:00 Entertainment with Musical Memories 6:15 Euchre with Liz 1st fl7:00 Miss Fisher’s Murder Mysteries -Ch 69 | **22.**9:15 Reminiscence -BRDRM10:00 Balance Class-3rd 10:00 Ecumenical Service with Rev. Elaine Beattie United 10:00 Shetland-Ch 6911:00 TED Talks-Boardroom“Should we Simplify Spelling?”11:00 Sunshine Gifts Vendor11:15 Wellness Class-3rd2:00 Bridge-3rd floor2:00 Bingo-1st3:15 Hangman-1st floor7:00 Miss Fisher’s Murder Mysteries -Ch 69 | **23.***9:15 Manotick Shopping* 9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl10:00 The Crown-Ch 6910:30 OT Dog Lucy visits-3rd2:00 Romance Movie- Ch 692:00 Social Hour & Entertainment with Simon Clarke and Strawberry Shortcake7:00 Miss Fisher’s Murder Mysteries -Ch 69 | ***24.***11:00 Tai Chi-3rd fl 2:00 Movie Road TO Bali Theatre Room2:00 Documentary Ch 697:00 Miss Fisher’s Murder Mysteries -Ch 69 |
| **25.**10:00 Wild Europe-Ch 6911:00 Catholic Rosary Prayer11:15 Catholic Communion2:00 Classic Movie-Ch 692:00 Ecumenical Service with Rev Gratton2:00 Movie My Favourite Brunette Theatre Room7:00 Miss Fisher’s Murder Mysteries -Ch 69 | **26.***9:30 Shoreline Daycare Visit*9:30 Chair Exercises 3rd fl10:00 Growing Up Wild-Ch 6910:00 Chair Exercises 3rd fl2:00 Classic Movie CH 6910:30 Knitting &Crochet Group *1:30 Sightseeing Bus OVR*2:00 Bingo 2:30 Movie –Ya Ya Sisterhood3:00-&3:30 Ice Cream**3:30 Flower Arranging by Bloomex-$18** | **27.***9:30 Doran Ship Museum and* *Lunch Out* 10:00 Balance Class- 3rd 10:00 Secrets of British Castles10:30 Brain Games-1st fl floor11:15 Catholic Rosary11:15 Wellness Class-3rd2:00 Comedy Movie-Ch 692:00 Bingo2:30 Aquafit Class/Pool2:45 Zoo Crew Show-Grandchildren welcome 4:00 Joe plays Piano | **28.**7-1 Pounds Pulse and Pressure- Chapel*9:15 Shopping Carlingwood Mall Lunch Out*9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd f10:00 Midsomer Murders-Ch 6910:30 3rd Floor Activities2:30 Art Group 1st floor2:30 Friendship Tea and Scones3:30 Spelling Bee- Boardroom6:15 Euchre with Liz 1st fl | **29.***9:15 Manotick Shopping* 9:15 Reminiscence -Boardroom10:00 Balance Class-3rd 11:00 TED Talks-Boardroom“How to gain control of your free time”11:15 Wellness Class-3rd*1:30 Sightseeing Bus*2:00 Bridge-3rd floor2:00 Bingo-1st3:15 Giant Crossword-1st floor | **30.**9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl **10:00 BBQ & Car Show** 10:30 Jeopardy-1st 2:00 Romance Movie- Ch 692:00 Social Hour & Entertainment withJack Schoular and Birthday Bash |  Subject to ChangesMay 25th AQUAFIT CLASSES TUES2:30 p.m.Pool Open Daily1-3 pmweather permitting |