|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Sunday** | **Monday** | September 2017 OVLC**Tuesday** | **Wednesday** | **Thursday** | August 25th 2017 **Friday** | **Saturday** |
| **C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\TVEZM16C\peanuts-september-304602_440095289374566_605781639_n[1].jpg** | **C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\CW5AVFNY\fall_22[2].jpg** | **C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\WC9VKLFT\1-1192373997[1].jpg** | **C:\Program Files (x86)\Microsoft Office\MEDIA\CAGCAT10\j0298897.wmf** | **C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\WC9VKLFT\fall_leaf2[1].jpg****August 23rd 2017** | **1***9:15 Manotick Shopping*9:30 Chair Exercises 3rd fl10:00 The Crown-Ch 6910:00 Chair Exercises 3rd fl**10:00 Davidson Hearing Clinic**10:30 OT Dog Lucy visits-3rd2:00 Romance Movie- Ch 692:00 Social Hour & Entertainment with Margie and Bruce6:30 Father Brown CH 69 | **2**10:00 The Blue Planet11:00 Tai Chi-3rd fl 2:00 Classic Movie Ch 692:00 Movie Carry on Nursing Theatre RoomNEW 3:30 Stick To The Rhythm with Rozsa-3rd floor6:30 Father Brown CH 69 |
| **3**10:00 Wild Europe- Ch 69 11:00 Catholic Rosary Prayer11:15 Catholic Communion2:00 Ecumenical Service with Bob Caines2:00 Documentary-Ch 692:00 Movie “That’s Carry On”6:30 Father Brown CH 69 | **4 Labor Day Monday**10:00 Growing Up Wild Ch 6 2:00 Classic Movie-Ch 692:00 Latin Chair Dance Exercise-1st floor3:00-&3:30 Ice Cream? 6:30 Father Brown CH 69 | **5**10:00 Balance Class- 3rd10:00 Secrets of British Castles-Ch 6911:15 Catholic Rosary11:15 Wellness Class-3rd  *11:15 Men’s Luncheon*2:00 Comedy Movie- Ch 692:00 Bingo2:15 Aquafit Pool6:30 Father Brown CH 69 | **6***9:15 Shopping at Barrhaven Mall*9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl10:00 Midsomer Murders-Ch 6910:30 3rd Floor Activities2:00 Western Movie-Ch 692:00 Art Group 1st floor3:30 Rev Hartman Hymn Sings6:15 Euchre with Liz 1st fl6:30 Father Brown CH 69 | **7***9:15 Manotick Shopping*9:15 Reminiscence -Boardroom10:00 Shetland Ch 69 10:00 Balance Class-3rd10:45 Roman Catholic Mass- 11:15 Wellness Class-3rd2:00 Bridge-3rd floor2:00 Classic Movie- Ch 692:00 Bingo-1st2:30 Spec Tac U Lar Theatre Suites3:30 Spelling Bee- Boardroom 6:30 Father Brown CH 69 | **8**9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl10:00 The Crown-Ch 6910:30 Jeopardy Game 1st fl2:00 Romance Movie- Ch 692:00 Social Hour & Entertainment with Pam and Doug Champagne6:30 Father Brown CH 69 | **9****Grandparents Day***9:30 Rideau Carleton Slots*10:00 The Blue Planet**11:00 Tai Chi-3rd fl**2:00 Classic Movie Ch 692:30 Tea and Scones -1st floor3:00 George Plays Piano-1st fl6:30 Father Brown CH 69 |
| **10**9:30 Giant Crossword10:00 Wild Europe- Ch 69 11:00 Catholic Rosary Prayer11:15 Catholic Communion2:00 Ecumenical Service with Rev Gratton2:00 Boardgames2:00 Documentary-Ch 692:00 Movie- “Carry on Up the Khyber”” Theatre Room3:15 Bingo-1st fl6:30 Father Brown CH 69 | **11** FOOTCARE NURSE IN9:00 Walking Club*9:15 House of Lazarus* *Thrift Shop*9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl10:00 Growing Up Wild Ch 69 10:30 Knitting and Crochet Group 3rd 2:00 Classic Movie-Ch 692:00 Bingo 2:30 Movie “Carry On Doctor” Theatre Room 3:00 Ice Cream3:15 Leslie on Piano (Living wish)6:30 Father Brown CH 69 | **12**9:00 Manicures with YAZMIN9:30 Mary Cook Stories with Fran 10:00 Balance Class- 3rd10:00 Secrets British Castles-Ch 6910:30 Brain Games-1st fl floor11:15 Catholic Rosary11:15 Wellness Class-3rd 2:00 Bingo2:00 Comedy Movie- Ch 692:15 Aquafit Pool6:30 Father Brown CH 697:00 HARVEST MOON DANCE & Entertainment with the Bob and Don Duo **Open House**  | **13***9:15 Shopping at Billings Bridge*9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl10:00 Midsomer Murders-Ch 10:30 3rd Floor Activities 2:30 Friendship Tea and Scones2:00 Art Group 1st floor2:00 Western Movie-Ch 693:00 Edith Plays the Organ-3rd 6:15 Euchre with Liz 1st fl6:30 Father Brown CH 69 | **14***9:15 Manotick Shopping* 9:15 Reminiscence -Bdrm10:00 Balance Class-3rd 10:00 Heidi and Rolf Clothing sales10:00 Shetland Ch 69 10:30 Shannon Singalong11:15 Wellness Class-3rd2:00 Classic Movie- Ch 692:00 Bridge-3rd floor2:00 Bingo-1st3:15 Hangman-1st floor | **15**9:30 Chair Exercises 3rd fl*9:30 Richmond Fair Wagon Ride and Lunch*10:00 The Crown-Ch 6910:00 Chair Exercises 3rd fl10:30 OT Dog Lucy visits-3rd2:00 Romance Movie- Ch 692:00 Social Hour & Entertainment with Arlene Quinn 6:30 Father Brown CH 69 | **16***9:15 North Gower Farmers Market*10:00 The Blue Planet11:00 Tai Chi-3rd fl 2:00 Classic Movie Ch 692:00 Movie “Carry on Spying” Theatre Room2:00 BingoNEW 3:30 Stick To the Rhythm with Rozsa-3rd floor 6:30 Father Brown CH 69 |
| **17**10:00 Wild Europe- Ch 69 11:00 Catholic Rosary Prayer11:15 Catholic Communion2:00 Ecumenical Service with K. Holman2:00 Documentary-Ch 692:00 Movie “Carry on Camping” Theatre Room6:30 Father Brown CH 69 | **18**9:00 Walking Club9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl10:00 Growing Up Wild Ch 69 10:30 Knitting Group-3rd *1:30 OVR Sightseeing Bus*2:00 Classic Movie-Ch 692:30 Residents Council Meeting3:00-&3:30 Ice Cream 6:30 Father Brown CH 697:30 Hockey Night- Ottawa Vs Toronto 1st Floor | **19**10:00 Balance Class- 3rd 10:00 Secret British Castles-Ch 6911:15 Catholic Rosary11:15 Wellness Class-3rd2:00 Comedy Movie- Ch 692:00 Bingo2:15 Aquafit Pool3:00 Suites Residents C. Meeting6:30 Father Brown CH 69 | **20***9:15 Shopping Carlingwood Mall Lunch Out*9:30 Chair Exercises 3rd fl10:00 Midsomer Murders-Ch 6910:00 Chair Exercises 3rd f10:30 3rd Floor Activities2:00 Western Movie-Ch 692:30 Art Group 1st floor3:30 “You Be The Judge” Boardroom 6:15 Euchre with Liz 1st fl6:30 Father Brown CH 69 | **21**9:15 Reminiscence -Bdrm*9:15 Manotick Shopping* 10:00 Balance Class-3rd 10:00 Shetland Ch 69 10:45 Roman Catholic Mass11:15 Wellness Class-3rd*1:30 Sightseeing Bus OVLC/OVS*2:00 Classic Movie- Ch 692:00 Bridge-3rd floor2:00 Bingo-1st3:15 Giant Crossword-1st floor6:30 Father Brown CH 697:00 Mary Cook Suites | **22**9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl10:00 The Crown-Ch 6910:30 Board Games-1st fl 2:00 Romance Movie- Ch 692:00 Social Hour & Entertainment with Trudy Letourneau6:30 Father Brown CH 69 | ***23***10:00 The Blue Planet10:00 Bingo 11:00 Tai Chi-3rd fl 2:00 Classic Movie Ch 692:30 Movie- When Harry Met Sally6:30 Father Brown CH 697:00 Hockey Night- Ottawa Vs Montreal 1st Floor |
| **24**Sorry No Ecumenical Service10:00 Wild Europe- Ch 69 11:00 Catholic Rosary Prayer11:15 Catholic Communion2:00 Documentary- Rome Ch 692:00-4:00Entertainment with DUO OZ6:30 Father Brown CH 69 | **25** FOOTCARE NURSE IN9:00 Walking Club9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl10:00 Growing Up Wild Ch 69 **10:00 Walker Clinic 1st floor**10:30 Knitting Group 3rd10:45 Prof Cammy Current Even*11:30 Lunch at K. F. C.*2:00 Classic Movie-Ch 692:00 Bingo 2:30 Movie –“Carry On Again Doctor” Theatre Room 3:00-&3:30 Ice Cream3:15 Grateful We Are Not Dead Band 6:30 Father Brown CH 69 | **26**9:00 Manicures with Yazmin 10:00 Balance Class- 3rd 10:00 SecretsBritish Castles-Ch 6910:30 Brain Games-1st fl floor11:15 Catholic Rosary11:15 Wellness Class-3rd2:00 Comedy Movie- Ch 692:00 Bingo2:15 Aquafit Pool6:30 Father Brown CH 69 | **27**7-1 Pounds Pulse and Pressure- Chapel9:30 Chair Exercises 3rd fl10:00 Midsomer Murders-Ch 6910:00 Chair Exercises 3rd f10:30 3rd Floor Activities2:00 Western Movie-Ch 692:30 Art Group 1st floor3:00 Barrhaven Fiddleheads 6:15 Euchre with Liz 1st fl6:30 Father Brown CH 69 | **28***9:00 Creamery Tour*9:15 Reminiscence -Bdrm10:00 Balance Class-3rd 10:00 Shetland Ch 69 10:00 Ecumenical Service withRev Grant MacNeil11:00 BINGO11:15 Wellness Class-3rd2:00 Classic Movie- Ch 692:00 Bridge-3rd floor2:30 Nygard Fashion Show | **29***9:15 Manotick Shopping* 9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl10:00 The Crown-Ch 6910:30 OT Dog Lucy visits-3rd2:00 Romance Movie- Ch 692:00 Social Hour & Entertainment with Jack Schoular6:30 Father Brown CH 69 | ***30***10:00 The Blue Planet 11:00 Tai Chi-3rd fl 2:00 Classic Movie Ch 692:00 Movie” Made of Honor” Theatre Room2:30 Walking Tour of Orchard View Suites 6:30 Father Brown CH 69 |