|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Sunday** | Monday | May 2018 Orchard Walk  Tuesday | Wednesday | Thursday | Friday | Saturday |
| C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\CW5AVFNY\tulips_by_hotshot34-d5648kp[1].png | April 16, 2018  C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\804IBLXG\happy_mothers_day_1[1].jpg | 1 May Day  9:30 Mary Cook Stories/ Fran-Chapel  10:00 Balance Class- 3rd  10:00 Great British Castles -Ch 69  10:30 Brain Games- Sue  11:15 Wellness Class-3rd  2:00 Great British Castles- Ch 69  2:00 Bingo-3rd -Sue  3:30 Lemonade Cart - Sue  *4:00 Rev Hartman Hymn Sing-1st*  6:30 Scott and Bailey CH 69 | 2  *9:15 Shopping at Billings Bridge*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 The Crown Ch 69  10:30 3rd Floor Activities  2:00 The Crown-Ch69  2:00 Art Group 3rd floor  3:00 Giant Crossword-3rd fl  6:30 Scott and Bailey CH 69  7:30 Hockey Night Ottawa VS Buffalo | 3  10:00 Balance Class-3rd  10:00 Downton Abby- CH 69  *10:15 Catholic Rosary-chapel* *10:45 Roman Catholic Mass*  11:15 Wellness Class-3rd  2:00 Dickinsian-Ch 69  2:00 Bingo  3:00 Food Committee Meeting  3:30 Jeopardy-3rd floor  6:30 Scott and Bailey CH 69 | 4  *9:15 Manotick Shopping*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 Hidden Houses-Ch 69  2:00 Romance Movie- Ch 69  2:00 Social Hour & Entertainment with Margie Bruce and Friends  6:30 North & South- CH 69  7:30 Hockey Night Ottawa VS Pittsburg Penguins | *5*  10:00 When Calls The Heart-CH 69  11:00 Tai Chi-3rd fl  2:00 Classic Movie Ch 69  2:00 Movie- “ Wizard of Oz” Theatre Room  2:15 Bingo-3rd floor  6:30 Scott and Bailey CH 69  7:00 Hockey Night Ottawa VS Boston Bruins  M |
| 6  10:00 Cable Girls-Ch 69  10:15 Giant Crossword Puzzle-1st fl  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  2:00 Documentary-Ch 69  2:00 Movie “Apollo” Theatre Room  2:00 Ecumenical Service with Bob Caines  6:30 Scott and Bailey CH 69  M | *7*  *FOOTCARE NURSE IN*  9:30 Knitting Group 3rd  10:00 Call The Midwife Ch 69  10:30 Chair Exercises 3rd fl  11:00 Chair Exercises 3rd fl  2:00 Bingo  2:00 Anne Series-Ch 69  2:30 Movie “Hardball” Theatre Room  3:00-&3:30 Ice Cream  3:30 Shannon Singalong  6:30 Scott and Bailey CH 69 | 8  9:00 Manicures/ Yazmin  10:00 Balance Class- 3rd  10:00 Great British Castles C69  10:30 Brain Games-1st fl floor  10:30 “ MILK” Vendor Sales  11:15 Wellness Class-3rd  2:00 Great British Castles- Ch 69  2:30 Residents Council Meeting  3:15 Lemonade Cart -1st  3:30 Shuffleboard-1st fl  6:30 Scott and Bailey CH 69 | 9  *9:15 Shopping at Kemptville*  9:30 Chair Exercises 3rd fl  10:00 The Crown Ch 69  10:00 Chair Exercises 3rd f  10:30 3rd Floor Activities  2:00 The Crown-Ch69  2:00 Art Group 3rd floor  2:00 Words of the Wise -1st fl  3:00 Edith Plays the Organ  6:30 Scott and Bailey CH 69 | 10  9:15 Reminiscence -Bdrm  10:00 Balance Class-3rd  10:00 Downton Abby- CH 69  *10:15 Catholic Rosary-chapel*  11:15 Wellness Class-3rd  11:15 Kars Mother’s Day Luncheon  **12:00 BBQ Lunch for Staff**  2:00 Dickinsian-Ch 69  2:00 Bingo-1st  3:00 Bridge  6:30 Scott and Bailey CH 69  7:00 Russell Community Concert Band | 11  *9:15 Manotick Shopping*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 Hidden Houses-Ch 69  10:30 Giant Crossword-3rd fl  2:00 Romance Movie- Ch 69  2:00 Social Hour and Entertainment with the Barrhaven Fiddleheads  6:30 North & South- CH 69 | *12*  9:00 Walk For Memories Dementia Society Walk  10:00 When Calls The Heart-CH69  11:00 Tai Chi-3rd fl  2:00 Classic Movie Ch 69  2:00 Movie “Trouble with the Curve ”Theatre Room  2:15 Bingo-3rd floor  3:30 Stick to the Rhythm with Rozsa-3rd floor  6:30 Scott and Bailey CH 69  J |
| 13Happy Mother’s Day  10:00 Cable Girls-Ch 69  10 :15 Giant Crossword Puzzle-1st fl  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  2:00 Documentary-Ch 69  2:00 Movie “ Until September” Theatre Room  **2:00 Mother’s Day Makeover** 2:00 Ecumenical Service with Rev Gratton  **5:00 Mother’s Day**  **Special Dinner**  6:30 Scott and Bailey | 14  9:30 Knitting Group-3rd fl  10:00 Call The Midwife Ch 69  10:30 Professor Cammy Current Events - 1st fl  10:30 Chair Exercises 3rd fl  11:00 Chair Exercises 3rd fl  *1:15 Tulip Festival Outing*  2:00 Bingo-3rd fl  2:00 Anne Series-Ch 69  2:30 Movie “The Accidental Husband ” Theatre Room  3:00-&3:30 Ice Cream  3:00 You Be The Judge- Boardroom  6:30 Scott and Bailey CH 69 | 15  10:00 Balance Class  10:00 Great British Castles -Ch 69  10:30 Brain Games  11:15 Wellness Class  2:00 Great British Castles- Ch 69  1:15 Bingo-  3:00 Suites Residents C. Meeting  3:15 Lemonade Cart -1st  3:30 Shuffleboard-1st fl  6:30 Scott and Bailey CH 69  ROYAL WEEK!  **NURSES WEEK** | 16  *9:15 Shopping at Value Village/ Dollarama*  9:30 Chair Exercises 3rd fl  10:00 The Crown Ch 69  10:00 Chair Exercises 3rd f  10:30 Make HIGH Tea Hats Activities  2:00 The Crown-Ch 69  2:00 Royal Wedding High Tea with George on Piano-1st fl  6:30 Scott and Bailey CH 69 | 17  9:15 Reminiscence -Bdrm  10:00 Balance Class-3rd  10:00 Downton Abby- CH *10:15 Catholic Rosary-chapel*  *10:45 Roman Catholic Mass*  11:15 Wellness Class-3rd  *1:30 Sightseeing Bus OVLC*  2:00 Dickinsian-Ch 69  2:00 Entre Nous Choir-1st fl  3:00 Bridge  6:30 Scott and Bailey CH 69  **STAFF APPRECIATION WEEK** | 18*9:15 Manotick Shopping*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 Hidden Houses-Ch 69  10:30 Let’s Bake- sign up pls  2:00 Romance Movie- Ch 69  2:00 Entertainment with Trudi Letourneau  3-4 p.m. British High Tea at the Suites with Guitarist Andrew Mah  6:30 North & South- CH 69 | *19*  10:00 When Calls The Heart-CH69  11:00 Tai Chi-3rd fl  2:00 Classic Movie Ch 69  2:00 Movie “ Theatre Room  2:15 Bingo-3rd floor  3:30 Stick to the Rhythm with Rozsa-3rd floor  6:30 Scott and Bailey CH 69  ROYAL WEDDING DAY  A |
| 20  10:00 Cable Girls-Ch 69  10:15 Giant Crossword Puzzle-1st fl  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  2:00 Documentary-Ch 69  2:00 Ecu Service K Holman  3:30 Dutch Treat Entertains  6:30 Scott and Bailey | 21  Victoria Day  FOOTCARE NURSE IN  9:30 Knitting Group-3rd fl self run  10:00 Call The Midwife Ch 69  2:00 Anne Series-Ch 69  2:30 Movie “Elizabeth ” Theatre Room  6:30 Scott and Bailey CH 69 | 22  9:00 Manicures/ Yazmin  10:00 Mrs Fisher’s Murder Mysteries-Ch 69  10:00 Balance Class  10:30 Brain Games  11:15 Wellness Class  2:00 Great British Castles- Ch 69  2:00 Bingo-1st fl  3:15 Lemonade Cart -1st  3:30 Grateful We are not Dead Band  6:30 Scott and Bailey CH 69 | 23  *6:00 Euchre with Liz*  *9:15 Shopping at Barrhaven*  9:30 Chair Exercises 3rd fl  10:00 The Crown Ch 69  10:00 Chair Exercises 3rd f  10:30 3rd Floor Activities  2:00 The Crown-Ch69  2:30 Art Group 3rd floor  3:00 Board Games-1st floor | 24  9:15 Reminiscence -Bdrm  10:00 Balance Class-3rd  10:00 Downton Abby- CH 69  10:00 Ecu Service with Rev Andrea Thomas  11:15 Wellness Class-3rd  *1:30 Bus to Nowhere*  2:00 Dickinsian-Ch 69  2:00 Bingo-1st  3:00 Bridge  3:15 Aging Well Theatre-1st fl  6:30 Scott and Bailey CH 69 | 25*9:15 Manotick Shopping*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 Hidden Houses-Ch 69  10:30 Jeopardy-3rd fl  2:00 Romance Movie- Ch 69  2:00 Entertainment with Bob and Don and Birthday Bash  6:30 North & South- CH 69 | *26*  10:00 When Calls The Heart-CH69  11:00 Tai Chi-3rd fl  2:00 Classic Movie Ch 69  2:00 Movie” My Big Fat Greek Wedding” Theatre Room  2:15 Bingo-3rd floor  3:30 Stick to the Rhythm with Rozsa-3rd floor  6:30 Scott and Bailey CH 69  B |
| 27  10:00 Cable Girls-Ch 69  10:15 Giant Crossword Puzzle-1st fl  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  2:00 Documentary-Ch 69  2:00 Movie Theatre Room  2:00 Ecu Service Rev Gratton  6:30 Scott and Bailey  B | 28  9:30 Knitting Group-3rd fl  10:00 Call The Midwife Ch 69  10:30 Chair Exercises 3rd fl  11:00 Chair Exercises 3rd fl  *11:00 St Alberts Cheese Factory and Lunch*  2:00 Bingo-1st fl  2:00 Anne Series-Ch 69  2:30 Movie ” Theatre Room  3:30 Latin Chair Dancing-1st  3:00 Ice Cream Cart-1st  6:30 Scott and Bailey CH 69 | 29  9:00 Manicures/ Yazmin  10:00 - Great British Castles Ch 69  10:00 Balance Class  10:30 Brain Games  11:15 Wellness Class  2:00 Great British Castles- Ch 69  2:00 Bingo-1st fl  3:15 Lemonade Cart -1st  3:30 Shuffleboard-1st fl  6:30 Scott and Bailey CH 69 | 30  *6:00 Euchre with Liz*  7-8 a.m. & 11- 12 Pounds Pulse /Pressure-  *9:15 Shopping Carlingwood Mall Lunch Out*  9:30 Chair Exercises 3rd fl  The Crown Ch 69  10:00 Chair Exercises 3rd f  10:30 3rd Floor Activities  2:00 The Crown-Ch69  2:00 Smile Theatre Presents Sunshine Sketches  2:30 Art Group 3rd floor | 31  9:15 Reminiscence -Bdrm  10:00 Balance Class-3rd  10:00 Downton Abby- CH 69  *10:15 Catholic Rosary-chapel* 11:15 Wellness Class-3rd  2:00 Dickinsian-Ch 69  2:00 Bingo-1st  3:00 Bridge  6:30 Scott and Bailey CH 69 |  |  |