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| June 20th  2018  **Sunday** | **C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\WC9VKLFT\5-Free-Summer-Clipart-Illustration-Of-A-Happy-Smiling-Sun[1].png**  **Monday** | July 2018 Orchard Walk  **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **POOL OPEN 1-3 p.m.**  **Saturday** |
| **Happy Canada Day 2018**  **1**  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  1-3 Pool open  2:00 Documentary-Ch 69  2:00 Movie Canada  Theatre Room  2:00 Ecumenical Service with Rev Gratton  **5-7 p.m. Bob and Don entertain on the patio**  **BBQ Supper**    F | *2* ***STAT HOLIDAY***  *FOOTCARE NURSE IN*  *10:00 Catholic Rosary-chapel*  10:30 Chair Exercises 3rd fl  11:00 Chair Exercises 3rd fl  1-3 Pool open  2:30 Movie “ The Three Stooges” Theatre Room  3:00-&3:30 Ice Cream  3:30 Shannon Singalong-3rd fl | 3  9:00 Manicures/ Yazmin  9:30 Mary Cook Stories/ Fran-Chapel  10:00 Balance Class- 3rd  10:30 Brain Games-1st fl floor  11:15 Wellness Class-3rd  1-3 Pool open  2:00 Bingo 1st fl  3:15 Lemonade Cart  2:30 AQUAFIT | 4  *9:15 Shopping at Billings Bridge*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd f  10:30 3rd Floor Activities  1-3 Pool open  *1:30 Bus to Nowhere*  2:00 Art Group 3rd floor  *6:00 Euchre with Liz* | 5  9:15 Reminiscence -Bdrm  10:00 Balance Class-3rd  10:00 Anna’s Travelling  Gifts-1st fl  *10:45 Roman Catholic Mass* 11:15 Wellness Class-3rd  *12:15 Paul’s Boat Lines*  *Cost $24*  1-3 Pool open  2:00 Bingo-1st  3:00 Food Committee Meeting 3:00 Bridge  3:30 You Be The Judge- Boardroom | 6  *9:15 Manotick Shopping*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  1-3 Pool open  2:00 Romance Movie- Ch 69  2:00 Social Hour & Entertainment with  Margie Bruce and Friends  3:30 Let’s play pool- 1st fl | *7*  10:15 Bingo-1st floor  11:00 Tai Chi-3rd fl  1-3 Pool open  2:00 Classic Movie Ch 69  2:00 Movie- “ Lawrence Welk 3 classic episodes ” Theatre Room  Marketing |
| 8  9:15 Knitting Group- self run 3rd fl  10:15 Giant Crossword Puzzle-1st fl  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  1-3 Pool open  2:00 Documentary-Ch 69  2:00 Movie “Lawrence Welk’s TV Treasures “ Theatre Room  2:00 Ecumenical Service with Rev Gratton | *9*  *10:00 Catholic Rosary-chapel*  10:30 Chair Exercises 3rd fl  11:00 Chair Exercises 3rd fl  1-3 Pool open  2:00 Bingo  2:30 Movie “Red Skelton’s Classics” Theatre Room  3:00-&3:30 Ice Cream  6:30 Horticultural Society Visit Gardens | 10  10:00 Balance Class- 3rd  10:30 Brain Games-1st fl floor  11:15 Wellness Class-3rd  1-3 Pool open  2:00 Bingo  2:00 Great British Castles- Ch 69  2:00 Bingo  2:30 AQUAFIT  3:15 Lemonade Cart  3:30 Shuffleboard-1st fl | 11  *9:15 Shopping at Barrhaven- Ron*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd f  10:30 3rd Floor Activities  2:00 Art Group 3rd floor  1-3 Pool open  3:00 DaWen Photo presents Across Canada Travels-  Theatre Room  *6:00 Euchre with Liz* | 12  9:15 Reminiscence -Bdrm  10:00 Balance Class-3rd  11:15 Wellness Class-3rd  1-3 Pool open  2:00 Bingo-1st  3:00 Bridge  3:00 Spelling bee- Boardroom | 13  9:00 Walking Club meet on patio  *9:15 Manotick Shopping*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:30 Giant Crossword-3rd fl  1-3 Pool open  2:00 Romance Movie- Ch 69  2:00 Social Hour and Entertainment with Stanley Frank  3:30 Let’s play pool- 1st fl | *14*  10:15 Bingo-1st floor 11:00 Tai Chi-3rd fl  1-3 Pool open  2:00 Classic Movie Ch 69  2:00 Movie “ Lawrence Welk New Talent Show”Theatre Room  3:30 Stick to the Rhythm with Rozsa-3rd floor  A |
| 15  9:15 Knitting Group- self run 3rd fl  10 :15 Giant Crossword Puzzle-1st fl  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  1-3 Pool open  2:00 Movie- “Hello Dolly” Theatre Room  2:00 Ecumenical Service with Bob Caines  A | 16  FOOTCARE NURSE  *10:00 Catholic Rosary-chapel*  10:30 Chair Exercises 3rd fl  11:00 Chair Exercises 3rd fl  1-3 Pool open  1:30 Bingo 1st fl  2:30 Movie “ The Thrill Of It All” Theatre Room  2:30 Guest Speaker “Aging backwards by Amanda”  3:00-&3:30 Ice Cream | 17  9:00 Manicures/ Yazmin  10:00 Balance Class  10:30 Brain Games  11:15 Wellness Class  1-3 Pool open  2:00 Bingo 1st fl  2:30 AQUAFIT  3:15 Lemonade Cart  3:30 Shuffleboard-1st fl | 18  *9:15 Shopping at Kemptville*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd f  10:30 3rd floor Activities  1-3 Pool open  2:00 Art Group 3rd floor  3:00 George plays Piano- 3rd floor  *4:15 Living Wish Video-1st floor*  *6:00 Euchre with Liz* | 19  9:15 Reminiscence -Bdrm  10:00 Balance Class-3rd  *10:45 Roman Catholic Mass*  11:15 Wellness Class-3rd  1-3 Pool open  2:00 Bingo-1st  3:00 Bridge  3:15 Latin Chair Dancing-3rd fl | 20  9:00 Walking Club meet on patio  *9:15 Manotick Shopping*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:30 Let’s Bake-Pizza sign up pls  1-3 Pool open  2:00 Romance Movie- Ch 69  2:00 Entertainment with Duo Pleiades- Classical Guitar and Violin -3rd floor  3:30 Let’s play pool- 1st fl | *21*  10:15 Bingo-1st floor 11:00 Tai Chi-3rd fl  1-3 Pool open  2:00 Classic Movie Ch 69  2:00 Movie Lawrence Welk “Big Band Splash” Theatre Room  3:30 Stick to the Rhythm with Rozsa-3rd floor  B |
| 22  9:15 Knitting Group- self run 3rd fl  10:15 Giant Crossword Puzzle-1st fl  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  1-3 Pool open  2:00 Documentary-Ch 69  2:00 Movie “Grumpy Old Men” Theatre Room  2:00 Sorry No Ecumenical Service  B | 23  10:30 Chair Exercises 3rd fl  11:00 Chair Exercises 3rd fl  *10:00 Catholic Rosary-chapel*  1-3 Pool open  2:00 Bingo-1st fl  2:30 Movie “ Lawrence Welk Classics” Theatre Room  3:00 Ice Cream Cart-1st  3:30 Professor Cammy-1st fl 6:30  7:00 Guest Speaker  Dementia Society-Lorenzo  De Franco GV | 24  10:00 Balance Class  10:30 Brain Games  11:15 Wellness Class  1-3 Pool open  2:00 Bingo-1st fl  2:30 AQUAFIT  3:15 Lemonade Cart  3:30 Shuffleboard-1st fl | 25  *6:00 Euchre with Liz*  *9:15 Shopping at Carlingwood and Lunch Out*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd f  10:30 3rd Floor Activities  1-3 Pool open  2:00 Art Group 3rd floor  3:30 Grateful We Are Not Dead Band- 3rd floor  *6:00 Euchre with Liz* | 26  9:15 Reminiscence -Bdrm  10:00 Balance Class-3rd  10:00 Ecumenical Service with Bob Caines- Chapel  11:15 Wellness Class-3rd  1-3 Pool open  *1:30 Sightseeing Bus*  2:00 Bingo-1st  3:00 Bridge  3:15 Jeopardy- 3rd floor | 27  *9:15 Manotick Shopping*  9:00 Walking Club meet on patio  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 Hidden Houses-Ch 69  10:30 Jeopardy-3rd fl  1-3 Pool open  2:00 Romance Movie- Ch 69  2:00 Birthday party and Entertainment with Alan Ryan on Piano  3:30 Let’s play pool- 1st fl | *28*  10:15 Bingo-1st floor  11:00 Tai Chi-3rd fl  1-3 Pool open  2:00 Classic Movie Ch 69  2:00 Movie “Lawrence Welk To America With Love ” Theatre Room  3:30-5 Swampwater Jazz Band  Dance and Dinner  R |
| 29  9:15 Knitting Group- self run 3rd fl  10 :15 Giant Crossword Puzzle-1st fl  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  1-3 Pool open  2:00 Documentary-Ch 69  2:00 Movie” Apollo 13” Theatre Room  2:00 Ecumenical Service with  Rev Gratton  R | 30  FOOTCARE NURSE IN  *10:00 Catholic Rosary-chapel*  10:30 Chair Exercises 3rd fl  11:00 Chair Exercises 3rd fl  1-3 Pool open  2:00 Barrhaven Fiddleheads  **2:30 Krissy and Kevin**  **renew their vows / Entertainment by - patio**  3:00-&3:30 Ice Cream | ***31***  9:00 Manicures/ Yazmin  10:00 Balance Class  10:30 Brain Games  11:15 Wellness Class  1-3 Pool open  2:00 Bingo-1st fl  2:30 AQUAFIT  3:15 Lemonade Cart  3:30 Latin Chair Dancing-3rd fl  3:30 Shuffleboard-1st fl |  | **Channel 69 Netflix Daily**  **10:00 a.m. “Secrets of British Castles”**  **2:00 p.m. “Anne”**  **6:30 Scott and Bailey** |  |  |