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| **Sunday** | **Monday** | December 2018 Orchard Walk  **Tuesday** | **Wednesday** | **Thursday** | **C:\Program Files (x86)\Microsoft Office\MEDIA\CAGCAT10\j0183290.wmf**C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\WC9VKLFT\CHRISTMAS1[1].png  **Friday** | **November 29 2018**  **Saturday** |
|  |  |  |  |  |  | 1 K10:10 Coffee Club-1st  11:00 Tai Chi-3rd fl  2:00 Classic Movie” Frozen Planet- Disc 1 ”Theatre Rm  2:00 Christmas Movie Ch 49  2:15 Bingo-1st floor  3:00 Tea at Three-2nd Floor  3:15 Dr Migally’s Choir-3rd 7:30 Senators VS San Jose |
| 2 KR  9:15 Ballet -3rd fl  10:10 Coffee Club-1st  10:30 Giant Crossword Puzzle-1st  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  2:00 Christmas Movie Ch 49  2:00 Movie Frozen Planet Disc 2 Theatre Room  2:00 Ecumenical Service with Bob Caines  3:00 Tea at Three-2nd Floor  **3:15 Entertainment with Marimba Players-3rd floor** | 3 Footcare Nurse In  **9:15 #6 National Ballet Class-3rd fl**  9:30 Knitting Group-  ?? 10 Walker Clinic  10:10 Coffee Club-1st  10:30 Chair Exercises 3rd f  11:00 Chair Exercises 3rd fl  10:30 Catholic Rosary-chapel  2:00 Christmas Movie Ch 49  2:30 Movie “ Frozen Planet Disc 3 ” Theatre Room  3:00-&3:30 Ice Cream  3:00 Tea at Three-2nd Floor  3:30 Shannon Singalong- 3rd floor | 4  *9:00 Manicures/ Yazmin*  **9:30 Mary Cook Stories with Fran**  10:00 Balance Class- 3rd  10:10 Coffee Club-1st  10:30 Brain Games-3rd fl  *11:15 Men’s Luncheon Outing*  11:15 Wellness Class-3rd  1:30 Canasta with Peggy- 2nd fl  2:00 Christmas Movie Ch 49  2:00 Bingo- 1st floor  3:00 Tea at Three-2nd Floor  3:30 Shuffleboard-1st fl  4:00 Hymn Sing with Rev. Hartman  7:30 Ottawa Senators Vs Montreal | 5  *9:15 Shopping at Billings Bridge*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd f  10:10 Coffee Club-1st  10:30 3rd Floor Activities  *1:00 Bus To Nowhere*  2:00 Art Group 3rd floor  2:00 Winetasting event with **“Smokie Ridge” Vineyard-2nd Floor**  2:00 Christmas Movie Ch 49  2:00 Ottawa Therapy Dog Rufus Visits-3rd floor  3:00 Tea at Three-2nd Floor  3:30 Resident’s Christmas Choir Practice  **6:30 Pub Nite- games shuffleboard/ pool -1st floor** | 6  9:15 Reminiscence -Bdrm  10:00 Balance Class-3rd  **10:00 Anna’s Travelling Gifts**  10:10 Coffee Club-1st  10:45 Catholic Mass with Father Titus  10:45 Lets Make Xmas cookies  11:15 Wellness Class-3rd  2:00 Christmas Movie Ch 49  2:00 Bingo-1st  3:00 Tea at Three-2nd Floor  3:00 Bridge 2nd fl  Ottawa Senators  **Staff Christmas Party**  **6:00 Appetizers &food**  **7:30 Entertainment** | 7  9:15 Manotick Shopping  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:10 Coffee Club-1st  10:30 Giant Crossword-3rd fl  2:00 Christmas Movie Ch 49  2:00 Social Hour and Entertainment Margie and Bruce  3:00 Tea at Three-2nd Floor  3:15 Euchre -Library | 8  10:10 Coffee Club-1st  11:00 Tai Chi-3rd fl  2:00 Christmas Movie Ch 49  2:00 Classic Movie” Nature’s Most Amazing Events Disc 1 ” Theatre Room  2:15 Bingo-1st floor  3:00 Tea at Three-2nd Floor  3:30 Stick to the Rhythm with Rozsa  7:00 Ottawa Senators VS Pittsburg  Gr |
| 9  10:10 Coffee Club-1st  10:30 Family Feud-3rd fl  2:00 Christmas Movie Ch 49  2:00 Movie Nature’s Most Amazing Events Disc 2 Theatre Room  2:00 Ecumenical Service with Rev Gratton  3:00 Tea at Three-2nd Floor  **3:15 Bugs the Bunny Visits**  5:00 Ottawa Senators VS Boston  G | 10  **9:15 #7 National Ballet Class-3rd fl**  9:15 Knitting Group-1st fl  10:10 Coffee Club-1st  10:30 Catholic Rosary-chapel  10:30 Chair Exercises 3rd f  11:00 Chair Exercises 3rd fl  2:00 Christmas Movie Ch 49  **2:30 Residents Christmas Party with Mr and Mrs. Clause and Leslie on Piano for a sing along -1st floor**  4:30 Resident and Family Turkey Dinner | 11  10:00 Balance Class  10:10 Coffee Club-1st  **10:30 St Leonard’s Children’s Christmas Choir-3rd fl**  11:15 Wellness Class  12:30-1:30 Bella Borealis at  Garden View  1:30 Chair Yoga with Georgia-3rd fl 1:30 Canasta with Peggy- 2nd fl  2:00 Christmas Movie Ch 49  **2:30 Residents Council Meeting- 3rd floor**  3:00 Tea at Three-2nd Floor  3:30 Shuffleboard-1st fl  8:00 Ottawa Senators VS Nashville | 12  *9:15 Shopping at Carlingwood Mall and Lunch Out*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd f  10:00 Kiwanis Club Cakes-2nd  10:10 Coffee Club-1st  10:30 3rd Floor Activities  2:00 Christmas Movie Ch 49  2:00 Ottawa Therapy Dog Rufus Visits-3rd floor  2:00 Art Group 3rd fl  3:00 Tea at Three-2nd Floor | 13  9:15 Reminiscence -Bdrm  10:00 Balance Class-3rd  10:10 Coffee Club-1st  11:15 Wellness Class-3rd  *11:15 Kars Christmas Luncheon*  2:00 Christmas Movie Ch 49  2:00 Bingo-1st  3:00 Bridge 2nd fl  3:00 Tea at Three-2nd Floor  3:00 Latin Chair Dancing-1st  7:00 Russell Community Concert Band-3rd fl | 14  *9:15 Manotick Shopping*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:10 Coffee Club-1st  2:00 Christmas Movie Ch 49  2:00 Entertainment with  Adam Sandleman  3:00 Tea at Three-2nd Floor  3:15 Euchre -Library  7:30 Ottawa Senators VS Detroit | *15*  10:10 Coffee Club-1st  10:15 Bingo-3rd floor  11:00 Tai Chi-3rd fl  **2:30-4:30 Renaissance Christmas Carolers**  3:00 Tea at Three-2nd Floor  7:00 Ottawa Senators VS Montreal  Fem |
| 16  10:10 Coffee Club-1st  10:30 Jeopardy -1st fl  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  2:00 Movie” I’ll Be Home for Christmas Theatre Room  2:00 Ecu Service Rev Gratton  3:00 Tea at Three-2nd Floor  4:15 Bianca and Izzy-1st floor  Fem | 17 Footcare Nurse In  9:15 #8 National Ballet Class-3rd fl  9:30 Knitting Group-3rd fl  10:10 Coffee Club-1st  10:30 Catholic Rosary-chapel  10:30 Chair Exercises 3rd f  11:00 Chair Exercises 3rd fl  2:00 Bingo-1st fl  **2:00 Monthly Euchre with R.O.S.S.S. -3rd floor**  2:30 Movie “ The Nutcracker ” Theatre Room  3:00 Ice Cream Cart-1st  3:00 Tea at Three-2nd Floor  ***5:30 Wesley Clover Park Christmas Light Show Outing***  7:30 Ottawa Senators VS Nashville | 18 **7-8 & 11-12 Pounds Pulse and pressure-chapel**  9:00 Manicures/ Yazmin  10:00 Balance Class  10:10 Coffee Club-1st  10:30 Brain Games  **10:45 Ecumenical Service with**  **Rev Elaine Beattie**  11:15 Wellness Class  1:30 Canasta with Peggy- 2nd fl  2:00 Bingo-1st fl  3:00 Tea at Three-2nd Floor  **3:00 Residents Council Meeting Garden View**  3:30 Shuffleboard-1st fl  6:00 Girl Guide Carolling-3rd fl | 19  *6:00 Euchre with Liz*  *9:15 Shopping at Kemptville*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd f  10:10 Coffee Club-1st  10:30 3rd Floor Activitie  2:00 Ottawa Therapy Dog Rufus Visits-3rd floor  2:00 Art Group 3rd floor  3:00 George on Piano-3rd floor  And Gadzos sings  3:00 Tea at Three-2nd Floor  6:00 Radio City Rockettes Christmas Spectacular- Theatre Room | 20  9:15 Reminiscence -Bdrm  10:00 Balance Class-3rd  10:10 Coffee Club-1st  10:45 Catholic Mass with Father Titus  11:15 Wellness Class-3rd  *1:15 Sightseeing Bus*  2:00 Bingo-1st  3:00 Tea at Three-2nd Floor  3:00 Bridge 2nd fl  6:30 Leslie’s Choir Canata-3rd | 21  *9:15 Manotick Shopping*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:10 Coffee Club-1st  10:30 Giant Crossword-3rd fl  2:00 Christmas Movie Ch 49  2:00 Entertainment with The Maple Leaf French Horn Trio  3:00 Tea at Three-2nd Floor  3:15 Euchre –Library  7:00 Ottawa Senators VS New Jersey | *22*  10:10 Coffee Club-1st  11:00 Tai Chi-3rd fl  2:00 Movie” Charlie Browns Christmas ” Theatre Room  2:15 Bingo-3rd floor  3:00 Tea at Three-2nd Floor  3:30 Stick to the Rhythm with Rozsa  7:00 Ottawa Senators VS Washington  AMIE |
| **23**  10:10 Coffee Club-1st  10:30 Giant Crossword Puzzle-1st fl  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  2:00 Christmas Movie Ch 49  2:00 Movie Red Skelton’s Christmas Jollies Theatre Room  2:00 Ecu Service Rev Gratton  3:00 Tea at Three-2nd Floor  **Amie** | **24 Christmas Eve**  9:30 Knitting Group-3rd fl  10:30 Video Exercise-3rd fl  10:10 Coffee Club-1st  1:30 Chair Yoga with Georgia-3rd 2:00 Bingo-1st fl  2:00 Christmas Movie Ch 49  2:30 Movie” Date with an Angel ” Theatre Room  3:00 Ice Cream Cart-1st  3:00 Tea at Three-2nd Floor | **25 Christmas Day**  10:10 Coffee Club-1st  2:00 Christmas Movie Ch 49  2:00 Movie A Christmas Carol- Theatre Room  3:00 Tea at Three-2nd Floor  3:30 Shuffleboard-1st f  C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\CW5AVFNY\1-christmas-tree[1].jpg | **26 Boxing Day**  *6:00 Euchre with Liz*  10:10 Coffee Club-1st  C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\804IBLXG\CHRISTMAS-0010[1].png2:00 Movie The Butler- Theatre Room  3:00 Tea at Three-2nd Floor | **27**  7-8 a.m. & 11- 12 Pounds Pulse /Pressure-  9:15 Reminiscence -Bdrm  10:00 Balance Class-3rd  11:15 Wellness Class-3rd  2:00 Bingo-1st  3:00 Bridge 2nd fl  3:00 Tea at Three-2nd Floor  3:00 Latin Chair Dancing-1st | **28**  *9:15 Manotick Shopping*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:10 Coffee Club-1st  10:30 Jeopardy-3rd fl  2:00 Entertainment with Bob And Don Duo & Birthday party  3:00 Tea at Three-2nd Floor  3:15 Euchre -Library  7:00 Ottawa Senators VS NY Islanders | **29**  10:10 Coffee Club-1st  11:00 Tai Chi-3rd fl  2:00 Movie” Jayne Eyre” Theatre Room  2:15 Bingo-3rd floor  3:00 Tea at Three-2nd Floor  7:00 Ottawa Senators VS Washington  **ALEX** |
| **30**  10:10 Coffee Club-1st  10:15 Giant Crossword Puzzle-1st fl  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  2:00 Movie “ Quartet Theatre Room  2:00 Ecu Service Rev Gratton  3:00 Tea at Three-2nd Floor  Alex | **31 New Year’s Eve**  Footcare Nurse In  9:30 Knitting Group-3rd f  10:10 Coffee Club-1st  10:30 Chair Exercises 3rd fl  11:00 Chair Exercises 3rd fl  **10:15 Bingo**  3:00 Ice Cream Cart-1st  3:00 Tea at Three-2nd Fl  **3:30-4:45 New Year’s Eve Party with Spencer Scharf -3rd floor**  7:00 Ottawa Senators VS Columbus |  |  |  |  |  |