|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Sunday** | **Monday** | February 2019 Orchard Walk  **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Jan 24th 2019**  **Saturday** |
|  |  |  |  |  | 1  9:15 Manotick Shopping  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:10 Coffee Club-2ndt fl  10:30 Giant Crossword-1st fl  2:00 Social Hour and Entertainment Margie and Bruce  3:00 Tea at Three-2nd Floor  3:15 Euchre- Library | 2 **Ground Hog Day!!**  10:10 Coffee Club-2ndt fl  11:00 Tai Chi-3rd fl  2:30 Movie” St Vincent” ”Theatre Room  2:15 Bingo  3:00 Tea at Three-2nd Floor  G |
| 3  10:10 Coffee Club -2ndt fl  10:15 Family Feud -3rd fl  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  2:30 Movie “ Brigit Jones Diary” Theatre Room  2:00 Ecumenical Service with Bob Caines- No Organist  3:00 Tea at Three-2nd Floor  G | 4 9:30 Knitting Group-  **10:00 Walker Clinic -1st floor**  10:10 Coffee Club -2ndt fl  10:30 Chair Exercises 3rd f  11:00 Chair Exercises 3rd fl  10:30 Catholic Rosary-chapel  2:00 Bingo  2:30 Movie “ South Pacific ” Theatre Room  3:00-&3:30 Ice Cream  3:00 Tea at Three-2nd Floor  3:00 GWND Band - 3rd floor | 5 Chinese New Year  10:00 Balance Class- 3rd  10:10 Coffee Club -2ndt fl  10:30 Brain Games-3rd fl  11:15 Wellness Class-3rd  1:30 Canasta with Peggy- 2nd fl  2:30 Armchair Travel TO China- Theatre Room  3:00 Tea at Three-2nd Floor  3:30 Shuffleboard-1st fl  4:00 Hymn Sing with Rev. Hartman  **6:30 Shiyu Dancers perform 3rd fl** | 6  *9:15 Shopping at Billings Bridge Mall*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd f  10:10 Coffee Club-2ndt fl  10:30 3rd Floor Activities  2:00 Art Group 3rd floor  3:00 Tea at Three-2nd Floor  **6:30 Pub Nite- games shuffleboard/ pool -1st floor** | 7  9:15 Reminiscence -Bdrm  10:00 Balance Class-3rd  10:00 Purdy’s Chocolate Sales-2nd  10:10 Coffee Club-2ndt fl  11:15 Wellness Class-3rd  *1:15 Sightseeing Bus*  2:00 Bingo-1st  3:00 Tea at Three-2nd Floor  3:00 Bridge 2nd fl | 8  9:15 Manotick Shopping  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:10 Coffee Club 2ndt fl  2:00 Social Hour and Entertainment with Bob and Don Duo  3:00 Tea at Three-2nd Floor  3:15 Euchre- Library | 9  10:10 Coffee Club-2ndt fl  10 :15 Bingo-1st floor  11:00 Tai Chi-3rd fl  2:30 Movie “ Wizard Of Oz”” Theatre Room  2:30 Kings Creek Band-3rd floor  3:00 Tea at Three-2nd Floor  F |
| 10  10:10 Coffee Club -2ndt fl  10:30 Giant Crossword-1st fl  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  2:30 Movie” Best of Andre Rieu Live Theatre Room  2:00 Ecumenical Service with Rev Gratton and Organist Deb  3:00 Tea at Three-2nd Floor  F | 11 **Footcare Nurse In**  9:15 Knitting Group-1st fl  10:10 Coffee Club -2ndt fl  10:30 Chair Exercises 3rd f  11:00 Chair Exercises 3rd fl  10:30 Catholic Rosary-chapel  2:00 Bingo  2:30 Movie “Andre Rieu Live at Royal Albert Hall ” Theatre Room  3:00-&3:30 Ice Cream  3:00 Tea at Three-2nd Floor | 12  *9:00 Manicures/ Yazmin*  10:00 Balance Class  10:10 Coffee Club -2ndt fl  10:30 Brain Games-3rd fl  11:15 Wellness Class  11:15 Catholic Rosary  1:30 Canasta with Peggy- 2nd fl  2:00 Bingo  **2:30 Residents Council Meeting- 3rd floor**  3:00 Tea at Three-2nd Floor  3:30 Shuffleboard-1st fl | 13  *9:15 Shopping at Barrhaven*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd f  10:10 Coffee Club-2ndt fl  10:30 3rd Floor Activities  2:00 Art Group 3rd fl  3:00 Tea at Three-2nd Floor  **3:30 Osgoode Museum presentsm ld Fashioned love”** | 14 **Valentine’s Day**  9:15 Reminiscence -Bdrm  10:00 Balance Class-3rd  10:10 Coffee Club2ndt fl  11:15 Wellness Class-3rd  **11:45 Valentines Brunch / Roger Fowler on Accordion**  2:00 Bingo-1st  3:00 Bridge 2nd fl  3:00 Tea at Three-2nd Floor  **3:30 National Ballet Class-3rd floor**  3:00 Afternoon Tea and Chocolates ?a SandlemanGV  New Daily  3:30-4:30 Tony’s Café Bar Open | 15  *9:15 Manotick Shopping*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:10 Coffee Club-2ndt fl  10:30 Spelling Bee -1st fl  2:00 Entertainment with Marlene Fawcett and Social Hour  3:00 Tea at Three-2nd Floor  3:15 Euchre- Library  3:30-4:30 Tony’s Café Bar Open | *16*  10:10 Coffee Club-2ndt fl  11:00 Tai Chi-3rd fl  2:00 Classic Movie Ch 69  2:30 Movie A Fish Called Wanda” Theatre Room  2:15 Bingo-1st floor  3:00 Tea at Three-2nd Floor  3:30-4:30 Tony’s Café Bar Open |
| 17  10:10 Coffee Club -2ndt fl  10:15 Jeopardy -1st fl  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  2:30 Movie Elizabeth Theatre Room  2:00 Ecu Service Rev Gratton and Organist Deb  3:00 Tea at Three-2nd Floor  3:30-4:30 Tony’s Café Bar Open  Al | 18  **Family Day**  9:30 Knitting Group-3rd fl  10:10 Coffee Club -2ndt fl  10:30 Catholic Rosary-chapel  2:30 Movie Facing the Giants” Theatre Room  3:00 Ice Cream Cart-1st  3:00 Tea at Three-2nd Floor  3:30-4:30 Tony’s Café Bar Open | 19  10:00 Balance Class  10:10 Coffee Club -2ndt fl  11:15 Wellness Class  1:30 Canasta with Peggy- 2nd fl  2:00 Bingo-1st fl  **3:00 Residents Council Meeting Garden View**  3:00 Tea at Three-2nd Floor  3:30 Shuffleboard-1st fl  3:30-4:30 Tony’s Café Bar Open  **GPA Course for Staff 9-3** | 20  *6:00 Euchre with Liz*  *9:15 Shopping at Kemptville*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd f  10:10 Coffee Club-2ndt fl  10:30 3rd Floor Activities  2:00 Ottawa Therapy Dog Rufus Visits-3rd floor  2:00 Art Group 3rd floor  3:00 Tea at Three-2nd Floor  3:00 George on Piano-3rd floor and Birthday Cake #7  3:30-4:30 Tony’s Café Bar Open | 21  9:15 Reminiscence -Bdrm  10:00 Anna’s Travelling Gifts-2nd fl  10:00 Balance Class-3rd  10:10 Coffee Club-  10:45 Catholic Mass2ndt fl  with Father Titus  11:15 Wellness Class-3rd  2:00 Bingo-1s  3:00 Tea at Three-2nd Floor  3:00 Bridge 2nd fl  **3:30 National Ballet Class-3rd floor**  3:30-4:30 Tony’s Café Bar Open | 22  *9:15 Manotick Shopping*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:10 Coffee Club-2ndt fl  10:30 Jeopardy-3rd fl  2:00 Entertainment with Dennis Doermer on Piano  3:00 Tea at Three-2nd Floor  3:15 Euchre- Library  3:30-4:30 Tony’s Café Bar Open | *23*  10:10 Coffee Club-2ndt fl  10:30 Bingo-1st floo  11:00 Tai Chi-3rd fl  2:30 Movie” Left Field” Theatre Room  2-4 Open House at Garden View  With Andrew Mah  3:00 Tea at Three-2nd Floor  3:30-4:30 Tony’s Café Bar Open  Am |
| **24**  10:10 Coffee Club -2ndt fl  10:15 Giant Crossword Puzzle-1st fl  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  2-4 Open House at Garden View  With Aged in Harmony  2:30 Movie “North Country “Theatre Room  2:00 Ecu Service Rev Gratton and Organist Deb  3:00 Tea at Three-2nd Floor  3:30-4:30 Tony’s Café Bar Open  **Am** | **25**  Footcare Nurse In  9:30 Knitting Group-3rd fl  10:10 Coffee Club -2ndt fl  10:30 Catholic Rosary-chapel  10:30 Chair Exercises 3rd fl  11:00 Chair Exercises 3rd fl  1:00 Doran Ship Museum Cost $9.05  2:00 Bingo-1st fl  2:30 Movie ” Da Vinci Code Theatre Room  3:00 Ice Cream Cart-1st  3:00 Tea at Three-2nd Floor  3:30-4:30 Tony’s Café Bar Open | **26**  9:00 Manicures/ Yazmin  7-8 a.m. & 11- 12 Pounds Pulse /Pressure  10:00 Balance Class  10:10 Coffee Club 2ndt fl  -10:30 Brain Games  11:15 Wellness Class  1:30 Canasta with Peggy- 2nd fl  1:30 Chair Yoga with Georgia-3rd  2:00 Bingo-1st fl  3:00 Tea at Three-2nd Floor  3:30 Shuffleboard-1st f  3:30-4:30 Tony’s Café Bar Open | **27**  *6:00 Euchre with Liz*  *9:15 Shopping Carlingwood Mall Lunch Out*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd f  10:10 Coffee Club-2ndt fl  10:30 3rd Floor Activities  2:00 Ottawa Therapy Dog Rufus Visits-3rd floor  2:00 Art Group 3rd floor  3:00 Tea at Three-2nd Floor  3:30-4:30 Tony’s Café Bar Open | **28**  9:15 Reminiscence -Bdrm  10:00 Balance Class-3rd  10:10 Coffee Club-2ndt fl  11:15 Wellness Class-3rd  1:30 Dow’s Lake for Beaver Tails 2:00 Bingo-1st  3:00 Bridge 2nd fl  3:00 Tea at Three-2nd Floor  **3:30 National Ballet Class-3rd floor**  3:30-4:30 Tony’s Café Bar Open |  |  |
|  |  |  |  |  |  |  |