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| **Sunday** | **Monday** | February 2019 Orchard Walk**Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Jan 24th 2019****Saturday** |
|  |  |  |  |  | 19:15 Manotick Shopping 9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl10:10 Coffee Club-2ndt fl10:30 Giant Crossword-1st fl2:00 Social Hour and Entertainment Margie and Bruce3:00 Tea at Three-2nd Floor 3:15 Euchre- Library | 2 **Ground Hog Day!!** 10:10 Coffee Club-2ndt fl11:00 Tai Chi-3rd fl 2:30 Movie” St Vincent” ”Theatre Room 2:15 Bingo3:00 Tea at Three-2nd Floor G |
| 310:10 Coffee Club -2ndt fl10:15 Family Feud -3rd fl11:00 Catholic Rosary Prayer11:15 Catholic Communion2:30 Movie “ Brigit Jones Diary” Theatre Room 2:00 Ecumenical Service with Bob Caines- No Organist 3:00 Tea at Three-2nd Floor G | 4 9:30 Knitting Group-**10:00 Walker Clinic -1st floor**10:10 Coffee Club -2ndt fl10:30 Chair Exercises 3rd f11:00 Chair Exercises 3rd fl10:30 Catholic Rosary-chapel2:00 Bingo2:30 Movie “ South Pacific ” Theatre Room3:00-&3:30 Ice Cream3:00 Tea at Three-2nd Floor 3:00 GWND Band - 3rd floor | 5 Chinese New Year10:00 Balance Class- 3rd10:10 Coffee Club -2ndt fl10:30 Brain Games-3rd fl 11:15 Wellness Class-3rd 1:30 Canasta with Peggy- 2nd fl2:30 Armchair Travel TO China- Theatre Room 3:00 Tea at Three-2nd Floor 3:30 Shuffleboard-1st fl4:00 Hymn Sing with Rev. Hartman **6:30 Shiyu Dancers perform 3rd fl**  | 6*9:15 Shopping at Billings Bridge Mall* 9:30 Chair Exercises 3rd fl 10:00 Chair Exercises 3rd f10:10 Coffee Club-2ndt fl10:30 3rd Floor Activities2:00 Art Group 3rd floor3:00 Tea at Three-2nd Floor **6:30 Pub Nite- games shuffleboard/ pool -1st floor** | 79:15 Reminiscence -Bdrm10:00 Balance Class-3rd 10:00 Purdy’s Chocolate Sales-2nd 10:10 Coffee Club-2ndt fl11:15 Wellness Class-3rd*1:15 Sightseeing Bus*2:00 Bingo-1st3:00 Tea at Three-2nd Floor 3:00 Bridge 2nd fl | 89:15 Manotick Shopping 9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl10:10 Coffee Club 2ndt fl2:00 Social Hour and Entertainment with Bob and Don Duo 3:00 Tea at Three-2nd Floor 3:15 Euchre- Library | 910:10 Coffee Club-2ndt fl10 :15 Bingo-1st floor 11:00 Tai Chi-3rd fl 2:30 Movie “ Wizard Of Oz”” Theatre Room2:30 Kings Creek Band-3rd floor3:00 Tea at Three-2nd Floor F |
| 1010:10 Coffee Club -2ndt fl10:30 Giant Crossword-1st fl11:00 Catholic Rosary Prayer11:15 Catholic Communion 2:30 Movie” Best of Andre Rieu Live Theatre Room 2:00 Ecumenical Service with Rev Gratton and Organist Deb3:00 Tea at Three-2nd Floor F | 11 **Footcare Nurse In**9:15 Knitting Group-1st fl10:10 Coffee Club -2ndt fl10:30 Chair Exercises 3rd f11:00 Chair Exercises 3rd fl10:30 Catholic Rosary-chapel2:00 Bingo2:30 Movie “Andre Rieu Live at Royal Albert Hall ” Theatre Room3:00-&3:30 Ice Cream3:00 Tea at Three-2nd Floor  | 12*9:00 Manicures/ Yazmin* 10:00 Balance Class10:10 Coffee Club -2ndt fl10:30 Brain Games-3rd fl 11:15 Wellness Class11:15 Catholic Rosary 1:30 Canasta with Peggy- 2nd fl 2:00 Bingo **2:30 Residents Council Meeting- 3rd floor**3:00 Tea at Three-2nd Floor 3:30 Shuffleboard-1st fl | 13*9:15 Shopping at Barrhaven*9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd f10:10 Coffee Club-2ndt fl10:30 3rd Floor Activities2:00 Art Group 3rd fl3:00 Tea at Three-2nd Floor **3:30 Osgoode Museum presentsm ld Fashioned love”** | 14 **Valentine’s Day** 9:15 Reminiscence -Bdrm10:00 Balance Class-3rd 10:10 Coffee Club2ndt fl11:15 Wellness Class-3rd**11:45 Valentines Brunch / Roger Fowler on Accordion**2:00 Bingo-1st3:00 Bridge 2nd fl3:00 Tea at Three-2nd Floor **3:30 National Ballet Class-3rd floor**3:00 Afternoon Tea and Chocolates ?a SandlemanGVNew Daily 3:30-4:30 Tony’s Café Bar Open | 15*9:15 Manotick Shopping*9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl 10:10 Coffee Club-2ndt fl10:30 Spelling Bee -1st fl2:00 Entertainment with Marlene Fawcett and Social Hour3:00 Tea at Three-2nd Floor 3:15 Euchre- Library3:30-4:30 Tony’s Café Bar Open  | *16*10:10 Coffee Club-2ndt fl11:00 Tai Chi-3rd fl 2:00 Classic Movie Ch 692:30 Movie A Fish Called Wanda” Theatre Room2:15 Bingo-1st floor3:00 Tea at Three-2nd Floor 3:30-4:30 Tony’s Café Bar Open  |
| 1710:10 Coffee Club -2ndt fl10:15 Jeopardy -1st fl 11:00 Catholic Rosary Prayer11:15 Catholic Communion2:30 Movie Elizabeth Theatre Room 2:00 Ecu Service Rev Gratton and Organist Deb3:00 Tea at Three-2nd Floor 3:30-4:30 Tony’s Café Bar Open Al | 18**Family Day**9:30 Knitting Group-3rd fl10:10 Coffee Club -2ndt fl10:30 Catholic Rosary-chapel2:30 Movie Facing the Giants” Theatre Room3:00 Ice Cream Cart-1st 3:00 Tea at Three-2nd Floor 3:30-4:30 Tony’s Café Bar Open  | 1910:00 Balance Class10:10 Coffee Club -2ndt fl11:15 Wellness Class1:30 Canasta with Peggy- 2nd fl2:00 Bingo-1st fl**3:00 Residents Council Meeting Garden View**3:00 Tea at Three-2nd Floor 3:30 Shuffleboard-1st fl3:30-4:30 Tony’s Café Bar Open **GPA Course for Staff 9-3** | 20*6:00 Euchre with Liz**9:15 Shopping at Kemptville*9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd f10:10 Coffee Club-2ndt fl10:30 3rd Floor Activities2:00 Ottawa Therapy Dog Rufus Visits-3rd floor2:00 Art Group 3rd floor3:00 Tea at Three-2nd Floor 3:00 George on Piano-3rd floor and Birthday Cake #73:30-4:30 Tony’s Café Bar Open  | 219:15 Reminiscence -Bdrm10:00 Anna’s Travelling Gifts-2nd fl10:00 Balance Class-3rd 10:10 Coffee Club-10:45 Catholic Mass2ndt fl with Father Titus 11:15 Wellness Class-3rd2:00 Bingo-1s3:00 Tea at Three-2nd Floor 3:00 Bridge 2nd fl**3:30 National Ballet Class-3rd floor**3:30-4:30 Tony’s Café Bar Open  | 22*9:15 Manotick Shopping*9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl10:10 Coffee Club-2ndt fl10:30 Jeopardy-3rd fl2:00 Entertainment with Dennis Doermer on Piano3:00 Tea at Three-2nd Floor3:15 Euchre- Library3:30-4:30 Tony’s Café Bar Open  | *23*10:10 Coffee Club-2ndt fl10:30 Bingo-1st floo11:00 Tai Chi-3rd fl 2:30 Movie” Left Field” Theatre Room2-4 Open House at Garden ViewWith Andrew Mah3:00 Tea at Three-2nd Floor 3:30-4:30 Tony’s Café Bar Open Am |
| **24**10:10 Coffee Club -2ndt fl10:15 Giant Crossword Puzzle-1st fl 11:00 Catholic Rosary Prayer11:15 Catholic Communion2-4 Open House at Garden ViewWith Aged in Harmony2:30 Movie “North Country “Theatre Room 2:00 Ecu Service Rev Gratton and Organist Deb3:00 Tea at Three-2nd Floor3:30-4:30 Tony’s Café Bar Open **Am** | **25**Footcare Nurse In9:30 Knitting Group-3rd fl10:10 Coffee Club -2ndt fl10:30 Catholic Rosary-chapel10:30 Chair Exercises 3rd fl11:00 Chair Exercises 3rd fl1:00 Doran Ship Museum Cost $9.052:00 Bingo-1st fl 2:30 Movie ” Da Vinci Code Theatre Room3:00 Ice Cream Cart-1st 3:00 Tea at Three-2nd Floor3:30-4:30 Tony’s Café Bar Open  | **26**9:00 Manicures/ Yazmin7-8 a.m. & 11- 12 Pounds Pulse /Pressure10:00 Balance Class10:10 Coffee Club 2ndt fl-10:30 Brain Games11:15 Wellness Class1:30 Canasta with Peggy- 2nd fl1:30 Chair Yoga with Georgia-3rd 2:00 Bingo-1st fl3:00 Tea at Three-2nd Floor 3:30 Shuffleboard-1st f3:30-4:30 Tony’s Café Bar Open   | **27***6:00 Euchre with Liz**9:15 Shopping Carlingwood Mall Lunch Out*9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd f10:10 Coffee Club-2ndt fl10:30 3rd Floor Activities2:00 Ottawa Therapy Dog Rufus Visits-3rd floor2:00 Art Group 3rd floor3:00 Tea at Three-2nd Floor 3:30-4:30 Tony’s Café Bar Open  | **28** 9:15 Reminiscence -Bdrm10:00 Balance Class-3rd 10:10 Coffee Club-2ndt fl11:15 Wellness Class-3rd1:30 Dow’s Lake for Beaver Tails 2:00 Bingo-1st3:00 Bridge 2nd fl3:00 Tea at Three-2nd Floor **3:30 National Ballet Class-3rd floor**3:30-4:30 Tony’s Café Bar Open  |  |  |
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