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| **Sunday** | **Monday** | June 2019 Orchard Walk  **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **May 19**  **2019**  **Saturday** |
| Image result for happy 20th anniversary banner | C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\TVEZM16C\good_sun1[1].jpg | Pool Opens June 1st  1-3 | Seniors Month | **C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\TVEZM16C\bigstock-Senior-Couple--Video-Gaming-5429006[1].jpg** | C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\TVEZM16C\its_summer-1164[1].gif | 1  10:10 Coffee Club-1st d fl  11:00 Tai Chi-3rd fl  2:00 Movie “ Bail Out “”Theatre Room  2:15 Bingo  3:00 Tea at Three-2nd Floor  Gr |
| 2  10:10 Coffee Club –1st fl  10:30 Family Feud-2nd fl  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  2:00 Movie The Last of the Belles” Theatre Room  2:00 Ecumenical Service with Bob Caines and Organist Deb  3:00 Tea at Three-2nd Floor  Gr | 3 **Footcare Nurse In**  ***9:00 Lunch & Ottawa River 1.5 hour Boat Cruise -Cost $20 + lunch***  10:10 Coffee Club1st d fl  10:30 Chair Exercises 3rd f  11:00 Chair Exercises 3rd fl  10:30 Catholic Rosary-chapel  1:00- 1:30Pool Exercise  2:00 Bingo  2:30 Movie “ Human Planet Series Oceans” Theatre Room  3:00- Ice Cream  3:00 Tea at Three-2nd Floor  3:30-4:30 Tony’s Café Bar Open | 4  *9:00 Manicures/ Yazmin*  **9:30 Mary Cook Stories**/ Fran-chapel  10:00 Balance Class- 3rd  10:10 Coffee Club -1st fl  10:30 Brain Games-3rd fl  11:15 Wellness Class-3rd  1:30 Canasta with Peggy- 2nd fl  3:00 Tea at Three-2nd Floor  3:30 Shuffleboard-1st fl  3:00 St John Ambulance Dog “Tesla”-1st floor  4:00 Rev Hartman ‘s Hymn Sing | 5  *9:00 Shopping at Billings Bridge*  9:00 Chair Exercises  9:30 Chair Exercises 3rd f  10:10 Coffee Club-1st fl  10:30 3rd Floor Activities  **1-3 Walker Clinic-1st floor-**  **Handi -House**  2:00 Ottawa Therapy Dog Rufus Visits-3rd floor  2:00 Art Group 1st floor  3:00 Tea at Three-2nd Floor  3:30-4:30 Tony’s Café Bar Open | 6  9:00 Reminiscence -Bdrm  10:00 Balance Class-3rd  10:10 Coffee Club-1st fl  10:15 Bingo-1st floor  11:15 Wellness Class-3r  2:00 BINGO-1st fl  3:00 Tea at Three-2nd Floor  3:00 Bridge 2nd fl  3:30-4:30 Tony’s Café Bar Open  **3:30 National Ballet -3rd fl** | 7  9:00 Manotick Shopping  9:00 Chair Exercises  9:30 Chair Exercises 3rd f  10:10 Coffee Club—1st fl  2:00 Social Hour and Entertainment with The Elaine Dandridge Trio  3:00 Tea at Three-2nd Floor  3:15 Euchre- Library  3:30-4:30 Tony’s Café Bar Open | 8  10:10 Coffee Club—1st fl  10:15 Bingo 1st fl  11:00 Tai Chi-3rd fl  2:00 Movie “ Lovers and Liars”” Theatre Room  3:00 Tea at Three-2nd Floor  3:15 Entertainment with the Bytowne Ukelele Ladies-3rd fl  Amie |
| 9  10:10 Coffee Club -1st floor  10:30 Giant Crossword-2nd fl  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  2:00 Movie “ Mezmerized” Theatre Room  2:00 Ecumenical Service with Rev Gratton and Organist Deb  3:00 Tea at Three-2nd Floor  Open  Amie | 10  9:15 Jeopardy-1st fl  10:10 Coffee Club -1st floor  10:30 Chair Exercises 3rd f  11:00 Chair Exercises 3rd fl  10:30 Catholic Rosary-chapel  1:00- 1:30Pool Exercise  *1:15 Papa Jacks Popcorn Outing* 2:00 Bingo  2:30 Movie “ Human Planet Series Deserts ” Theatre Room  3:00 Ice Cream  3:00 Tea at Three-2nd Floo  3:30-4:30 Tony’s Café Bar Open | 11  9:30 Walking Club- meet at Patio  10:00 Balance Class  10:10 Coffee Club -1st floor  10:30 Brain Games-3rd fl  11:15 Wellness Class  1:30 Canasta with Peggy- 2nd fl  **2:30 Residents Council Meeting- 3rd floor**  3:00 St John Ambulance Dog “Tesla”-1st floor  3:00 Tea at Three-2nd Floor  3:30 Shuffleboard-1st f | 12  *9:00 Shopping at Kemptville*  9:00 Chair Exercises  9:30 Chair Exercises 3rd f  10:10 Coffee Club-1st fl  10:30 3rd Floor Activities  2:00 Art Group 1st fl  2:00 Ottawa Therapy Dog Rufus Visits-3rd floor  **2:30 Leslie on Piano-3rd fl**  3:00 Tea at Three-2nd Floor  3:30-4:30 Tony’s Café Bar Open | 13  9:00 Reminiscence -Bdrm  10:00 Balance Class-3rd  10:10 Coffee Club-1st fl  11:00 Ecumenical Service with Rev Elaine Beattie- Chapel    *11:15 Kars Summer Luncheon$15*  11:15 Wellness Class-3rd  2:00 Bingo-1st  3:00 Bridge 2nd fl  3:00 Tea at Three-2nd Floor  3:30-4:30 Tony’s Café Bar Open | 14  *9:00 Manotick Shopping*  9:00 Chair Exercises  9:30 Chair Exercises 3rd f  10:10 Coffee Club-1st fl  10:30 Giant Crossword-2nd fl  2:00 Celebrating our Seniors with Entertainment with Simon Clarke and Strawberry Social in the main Dining Room  3:00 Tea at Three-2nd Floor  3:15 Euchre- Library  3:30-4:30 Tony’s Café Bar Open | *15*  10:10 Coffee Club-1st fl  11:00 Tai Chi-3rd fl  2:00 Movie “Cuba Crossing” Theatre Room  2:15 Bingo-1st fl  3:00 Tea at Three-2nd Floor  Alex |
| 16 **Father’s Day**  10:10 Coffee Club -1st floor  10:30 Giant Crossword-2nd fl  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  **12:15 Entertainment with Roger Fowler on Accordion Music in Dining Room**  2:00 Ecumenical Service with Rev Gratton and Organist Deb  2:00 Movie “Concrete Cowboys” Theatre Room  3:00 Tea at Three-2nd Floor  Alex | 17  **Footcare Nurse In**  ***9:00 New Foodland and Dollarama in Greely Outing***  **10-3 DAVIDSON HEARING CLINIC**  10:10 Coffee Club -1st floor  10:30 Catholic Rosary-chapel  10:30 Chair Exercises 3rd f  11:00 Chair Exercises 3rd fl  1:00- 1:30Pool Exercise  2:00 BINGO-1st fl  2:30 Movie Human Planet Series Arctic ” Theatre Room  3:00 Ice Cream Cart-1st  3:00 Tea at Three-2nd Floor  3:30-4:30 Tony’s Café Bar Open | 18  *9:00 Manicures/ Yazmin*  9:30 Walking Club- meet at Patio  10:00 Balance Class  10:10 Coffee Club -1st floor  10:30 Brain Games-3rd fl  11:15 Wellness Class  1:30 Canasta with Peggy- 2nd fl  2:00 Bingo-1st fl  **3:00 Residents Council Meeting Garden View**  3:00 St John Ambulance Dog “Tesla”-1st d floor  3:00 Tea at Three-2nd Floor  3:30-4:30 Tony’s Café Bar Open  3:30 Shuffleboard-1st fl | 19  *6:00 Euchre with Liz*  *9:00 Shopping at Barrhaven*  9:00 Chair Exercises  9:30 Chair Exercises 3rd f  10:10 Coffee Club-1st fl  10:30 3rd Floor Activities  2:00 Ottawa Therapy Dog Rufus Visits-3rd floor  2:00 Art Group 1st floor  3:00 Tea at Three-2nd Floor  3:30-4:30 Tony’s Café Bar Open  3:00 Entertainment with George on Piano-3rd floor  5:30 GV Birthday party with George | 20  9:00 Reminiscence -Bdrml  10:00 Balance Class-3rd  10:10 Coffee Club-1st fl  10:45 Catholic Mass with  Father Titus  11:15 Wellness Class-3rd  *1:30 Rideau Carleton Slots*  2:00 Bingo-1s  2:00 Chinese Cultural Presentation- Theatre Room  3:00 Tea at Three-2nd Floor  **3:30 Ice Cream Soda Floats**  3:00 Bridge 2nd fl  3:30-4:30 Tony’s Café Bar Open | 21  *9:00 Manotick Shopping*  9:00 Chair Exercises  9:30 Chair Exercises 3rd f  10:10 Coffee Club-1st fl  10:30 Shannon ‘s Singalong -3rd fl  2:00 Entertainment with the Mellow tones and Social Hour **/**  3:00 Tea at Three-2nd Floor  3:15 Euchre- Library  3:30-4:30 Tony’s Café Bar Open | *22*  10:10 Coffee Club-1st fl  10:30 Bugs the Bunny Visits-1st fl  11:00 Tai Chi-3rd fl  2:30 Movie “Crossbar” Theatre Room  2:00 Bingo-3rd floor  3:00 Tea at Three-2nd Floor  Barb |
| **23**  10:10 Coffee Club -1st floor  10:30 Giant Crossword Puzzle-2nd  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  2:00 Movie “ The Deadly Thief” Theatre Room  2:00 Ecu Service Rev Gratton and Organist Deb  3:00 Tea at Three-2nd Floor  **Barb** | **24**  9:15 Jeopardy-1st fl  10:10 Coffee Club -1st floor  10:30 Catholic Rosary-chapel  10:30 Chair Exercises 3rd fl  11-2 Gutknecht Jams  11:00 Chair Exercises 3rd fl  *11:15 Picnic at Rockliffe Park*  1:00- 1:30Pool Exercise  **2:00 Northern Reflections Fashion Show and sales**  2:30 Movie Human Planet Series Jungles” Theatre Room  3:00 Ice Cream Cart-1st  3:00 Tea at Three-2nd Floor  3:30-4:30 Tony’s Café Bar Open | **25**  7-8 a.m. & 11- 12 Pounds Pulse /Pressure-Chapel  9:30 Walking Club- meet at Patio  10:00 Balance Class  10:10 Coffee Club -1st floor  10:30 Brain Games  11:15 Wellness Class  1:30 Canasta with Peggy- 2nd fl  2:00 Bingo-1st fl  3:00 Tea at Three-2nd Floor  3:00 St John Ambulance Dog “Tesla”-1st floor  **3:15 Current Events with Prof Cammy-3rd floor**  3:30 Shuffleboard-1st f  3:30-4:30 Tony’s Café Bar Open | **26**  *9:00 Shopping at Carlingwood Mall*  9:00 Chair Exercises  9:30 Chair Exercises 3rd f  10:10 Coffee Club-1st fl  10:30 3rd Floor Activities  **1:30 Ottawa Therapy Dog**  **2:00 Handwashing demo- city of Ottawa -3rd floor**  2:00 Art Group 1st floor  3:00 Tea at Three-2nd Floor  **Celebrating Seniors**  **4:00 Entertainment with Guy Lalonde & BBQ Dinner**  3:30-4:30 Tony’s Café Bar Open  **2:45 Staff IN service Handwashing** | **27**  9:00 Reminiscence -Bdrml  9:15 Anna’s Travelling Gift’s  10:00 Balance Class-3rd  10:10 Coffee Club-1st fl  11:15 Wellness Class-3rd  *1:15 Sightseeing Bus*  2:00 Bingo-1s  2:00 Classical Music Presentation on Felix Mendelssohn by Katherine –Garden View  3:00 Tea at Three-2nd Floor  3:00 Bridge 2nd fl  3:30-4:30 Tony’s Café Bar Open | **28**  *9:00 Manotick Shopping*  9:00 Chair Exercises  9:30 Chair Exercises 3rd f  10:10 Coffee Club-1st fl  10:30 Jeopardy-3rd fl  2:00 Entertainment with Vicky Spurrell and Social Hour  3:00 Tea at Three-2nd Floor  3:15 Euchre- Library  3:30-4:30 Tony’s Café Bar Open | 29  10:10 Coffee Club-1st fl  **10:15 Ron’s Bingo-3rd floor**  11:00 Tai Chi-3rd fl  2:30 Movie “Laser Mission” Theatre Room  3:00 Tea at Three-2nd Floor  Ron |
| 30  10:10 Coffee Club -1st floort  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  2:00 Movie “Arch of Triumph” Theatre Room  2:00 Ecu Service Rev Gratton and Organist Deb  3:00 Tea at Three-2nd Floor  Ron | C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\804IBLXG\5-Free-Summer-Clipart-Illustration-Of-A-Happy-Smiling-Sun[1].jpg | C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\WC9VKLFT\i_love_summer_png_by_nyappygirl99-d3r9p6l[1].png | C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\TVEZM16C\summer-garden-flowers[1].jpg | **C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\804IBLXG\closedforsummer_color[1].gif** | **C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\TVEZM16C\its_summer-1164[1].gif** |  |