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| **Sunday** | **Monday** | May 2019 Orchard Walk**Tuesday** | **Wednesday** | **Thursday** | **Friday** | **April 30th 2019****Saturday** |
| Image result for happy 20th anniversary banner | C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\WC9VKLFT\Petunia-3[1].png | C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\CW5AVFNY\Umbrella-Revolution-Symbol-2-2014100213[1].png | 1*9:00 Shopping at Billings Bridge Mall & Model fitting*9:00 Chair Exercises 3rd fl9:30 Chair Exercises 3rd f10:10 Coffee Club—2nd fl10:30 3rd Floor Activities12-1:30 Noel on Piano Garden View2:00 Art Group 1st floor2:00 Ottawa Therapy Dog Rufus Visits-3rd floor3:00 Tea at Three-2nd Floor 3:30-4:30 Tony’s Café Bar Open **2:& 3:15 CPR Staff Training**  | 29:00 Reminiscence -Bdrm10:00 Balance Class-3rd 10:10 Coffee Club—2nd fl10:45 Catholic Mass with Father Titus 11:15 Wellness Class-3rd2:00 Entre Nous Teacher’s Choir sings-3rd fl3:00 Tea at Three-2nd Floor 3:00 Bridge 2nd fl3:30-4:30 Tony’s Café Bar Open **3:30 National Ballet -3rd fl** | 39:00 Manotick Shopping 9:00 Chair Exercises 3rd fl9:30 Chair Exercises 3rd f10:10 Coffee Club 2nd d fl2:00 Social Hour and Entertainment Margie and Bruce3:00 Tea at Three-2nd Floor 3:15 Euchre- Library3:30-4:30 Tony’s Café Bar Open  | 410:10 Coffee Club2nd fl**10:15 Ron’s Bingo-1st fl**11:00 Tai Chi-3rd fl 2:00 Movie-“The Keys of the Kingdom”- Theatre Room 3:00 Tea at Three-2nd Floor Ron |
| 510:10 Coffee Club-2nd f11:00 Catholic Rosary Prayer11:15 Catholic Communion*1:15 IRT Theatre presents “Tempting Providence cost $16* 2:00 Movie Where the Red Fern Grows” Theatre Room 2:00 Ecumenical Service with Bob Caines and Organist Deb3:00 Tea at Three-2nd Floor Ron  | 6**Footcare Nurse In**9:15 Jeopardy-1st fl10:10 Coffee Club-2nd f10:30 Chair Exercises 3rd f11:00 Chair Exercises 3rd fl10:30 Catholic Rosary-chapel*11:15 St Albert’s Cheese Factory* 2:00 Bingo with Sue- 3rd floor2:30 Movie “ Until September ” Theatre Room3:00- Ice Cream3:00 Tea at Three-2nd Floor 3:30-4:30 Tony’s Café Bar Open  | 7*9:00 Manicures/ Yazmin* 9:30 Mary Cook Stories with Fran-chapel10:00 Balance Class- 3rd10:10 Coffee Club -2nd fl10:30 Brain Games-3rd fl 11:15 Wellness Class-3rd 1:30 Canasta with Peggy- 2nd fl2:00 Bingo-1st fl**3:00 Tea at Three-2nd Floor** **Resident Nurses “Tea” at 3 –Rosalia**NEW 3:00 St John Ambulance Dog “Tesla”-1st floor3:30 Shuffleboard-1st fl3:30-4:30 Tony’s Café Bar Open 4:00 Rev Hartman ‘s Hymn Sing | 8 *9:00 Shopping at Giant Tiger*9:00 Chair Exercises 3rd fl9:30 Chair Exercises 3rd f10:10 Coffee Club—2nd fl10:30 3rd Floor Activities2:00 Ottawa Therapy Dog Rufus Visits-3rd floor2:00 Art Group 1st floor3:00 Tea at Three-2nd Floor 3:30-4:30 Tony’s Café Bar Open **6:30 Pub Nite- games shuffleboard/ pool -1st floor**Nurses week  | 99:00 Reminiscence -Bdrm10:00 Balance Class-3rd 10:10 Coffee Club 2nd fl11:15 Wellness Class-3r2:00 Bingo-1st floor 3:00 Tea at Three-2nd Floor 3:00 Bridge 2nd fl3:30-4:30 Tony’s Café Bar Open **3:30 National Ballet -3rd fl** | 109:00 Manotick Shopping 9:00 Chair Exercises 3rd fl9:30 Chair Exercises 3rd f10:10 Coffee Club-2nd fl2:00 Social Hour and Entertainment with “North Country” 3:00 Tea at Three-2nd Floor 3:15 Euchre- Library3:30-4:30 Tony’s Café Bar Open  | 11**Walk for Memories Dementia Society**10:10 Coffee Club—2nd t fl11:00 Tai Chi-3rd fl 2:00 Movie-“Maltese Falcon” Theatre Room 2:15 Bingo-1st floor3:00 Tea at Three-2nd Floor Mee |
| **Mother’s Day**10:10 Coffee Club -2nd floor10:30 Giant Crossword-1st fl11:00 Catholic Rosary Prayer11:15 Catholic Communion 2:00 Movie”The Queen” Theatre Room 2:00 Ecumenical Service with Rev Gratton and Organist Deb3:00 Tea at Three-2nd Floor3:15 Mary Cook Presents “Mothers” Mee | 139:15 Jeopardy-1st fl10:10 Coffee Club -2nd floor10:30 Chair Exercises 3rd f11:00 Chair Exercises 3rd fl10:30 Catholic Rosary-chapel**2:00 Northern Reflections Fashion Show-3rd floor**3:00 Ice Cream 3:00 Tea at Three-2nd Floo3:30-4:30 Tony’s Café Bar Open  | 149:30 Walking Club- meet at Patio 10:00 Balance Class10:10 Coffee Club -2nd floor**10:30 MILK Bag Rug Making Demonstration-1st floor** 11:15 Wellness Class 1:30 Canasta with Peggy- 2nd fl **2:30 Residents Council Meeting- 3rd floor**3:00 St John Ambulance Dog “Tesla”-1st floor3:00 Tea at Three-2nd Floor 3:30 Shuffleboard-1st f3:30-4:30 Tony’s Café Bar Open  | 15*9:00 Shopping at Kemptville*9:00 Chair Exercises 3rd fl9:30 Chair Exercises 3rd f10:10 Coffee Club-2nd fl10:30 3rd Floor Activities2:00 Art Group 1st d fl2:00 Ottawa Therapy Dog Rufus Visits-3rd floor3:00 Tea at Three-2nd Floor 3:00 Entertainment with George on Piano-3rd floor3:30-4:30 Tony’s Café Bar Open 5:30 GV Birthday party with George  | 169:00 Reminiscence -Bdrm10:00 Balance Class-3rd 10:10 Coffee Club-2nd fl10:45 Catholic Mass with Father Titus **11-2 Gutknecht Jam Vendor-2nd floor** 11:15 Wellness Class-3rd*1:15 Tulip Festival Outing*2:00 Bingo-1st3:00 Bridge 2nd fl3:00 Tea at Three-2nd Floor 3:30-4:30 Tony’s Café Bar Open **3:30 National Ballet -3rd fl** | 17*9:00 Manotick Shopping*9:00 Chair Exercises 3rd fl9:30 Chair Exercises 3rd f10:10 Coffee Club 2nd t fl10:30 Shannon ‘s Singalong -3rd fl2:00 Entertainment with and Social Hour / Barrhaven Fiddleheads3:00 Tea at Three-2nd Floor3:15 Euchre- Library3:30-4:30 Tony’s Café Bar Open  | *18*10:10 Coffee Club-2nd fl10:15 Bingo-1st fl 11:00 Tai Chi-3rd fl 2:00 Movie “ Moonraker ” Theatre Room2:00 Peter Stuyt on Harp-3rd fl3:00 Tea at Three-2nd Floor  Krissy  |
| 19**NEW 9:30 Chair Yoga for Seniors-3rd floor** 10:10 Coffee Club -2nd floor10:30 Giant Crossword-1st fl11:00 Catholic Rosary Prayer11:15 Catholic Communion2:00 Ecumenical Service with Rev Gratton and Organist Deb2:00 Movie-“Bobby”- Theatre Room 3:00 Tea at Three-2nd Floor  3:30 Dave Baldwin on Guitar-1 flKrissy | 20 **Victoria Day** **Footcare Nurse In**10:10 Coffee Club -2nd floor10:30 Catholic Rosary-chapel2:30 Movie-”Victoria ”- Theatre Room3:00 Ice Cream Cart-1st 3:00 Tea at Three-2nd Floor   | 21*9:00 Manicures/ Yazmin* 9:30 Walking Club- meet at Patio 10:00 Balance Class10:10 Coffee Club 2nd t floor10:30 Brain Games-3rd fl 11:15 Wellness Class1:30 Canasta with Peggy- 2nd fl1:30 Chair Yoga with Georgia-3rd 2:00 Bingo-1st fl**3:00 Residents Council Meeting Garden View**3:00 St John Ambulance Dog “Tesla”-1st floor3:00 Tea at Three-2nd Floor 3:30-4:30 Tony’s Café Bar Open 3:30 Shuffleboard-1st fl | 22*6:00 Euchre with Liz**9:00 Shopping at Barrhaven*9:00 Chair Exercises 3rd fl9:30 Chair Exercises 3rd f10:10 Coffee Club-2nd fl10:30 3rd Floor Activities2:00 Ottawa Therapy Dog Rufus Visits-3rd floor2:00 Art Group 1st floor3:00 Tea at Three-2nd Floor3:30-4:30 Tony’s Café Bar Open 3:15 Da Wen Photography Showvisit the Danube6:30 Entertainment with “Greenbelt Grass” -3rd fl | 239:00 Reminiscence -Bdrm10:00 Balance Class-3rd 10:10 Coffee Club-2nd fl11:15 Wellness Class-3rd1:15 Sightseeing Bus**STAFF APPRECIATION DAY****BBQ Lunch and prizes****Time..****2:30** Bingo-1s3:00 Tea at Three-2nd Floor 3:00 Bridge 2nd fl**3:30 National Ballet Class-3rd floor**3:30-4:30 Tony’s Café Bar Open  | 24*9:00 Manotick Shopping*9:00 Chair Exercises 3rd fl9:30 Chair Exercises 3rd f10:10 Coffee Club-2nd fl10:30 Jeopardy-3rd fl2:00 Entertainment with and Social Hour **/** Al Mazur 3:00 Tea at Three-2nd Floor3:15 Euchre- Library3:30-4:30 Tony’s Café Bar Open  | *25*10:10 Coffee Club-2nd fl**10:30 Tropical Fruit** **Tasting Session- 3rd floor**11:00 Tai Chi-3rd fl 2:00 Movie-“ The Tall Man” Theatre Room2:15 Bingo-3rd floor3:00 Tea at Three-2nd Floor  Fem |
| **26**10:10 Coffee Club -2nd floor10:30 Giant Crossword Puzzle-1st 11:00 Catholic Rosary Prayer11:15 Catholic Communion**1:30-3 pm****Harley Davidson Show & Shine** 2:00 Documentary-Ch 692:00 Movie –“ Westside Story”-Theatre Room 2:00 Ecu Service Rev Gratton and Organist Deb3:00 Tea at Three-2nd Floor **Fem** | **27**9:15 Jeopardy-1st fl10:10 Coffee Club -2nd floor10:30 Catholic Rosary-chapel10:30 Chair Exercises 3rd fl11:00 Chair Exercises 3rd fl**11:00 Home Sweet Home Vendor- 1st fl** 2:00 Bingo-1st floor2:30 Movie- “Meet Me in St. Louis ” Theatre Room3:00 Ice Cream Cart-1st 3:00 Tea at Three-2nd Floor3:30-4:30 Tony’s Café Bar Open  | **28**7-8 a.m. & 11- 12 Pounds/P /PChapel9:30 Walking Club- meet at Patio 10:00 Balance Class10:10 Coffee Club -2nd floor10:30 Brain Games11:15 Wellness Class1:30 Canasta with Peggy- 2nd fl2:00 Bingo-1st fl3:00 St John Ambulance Dog “Tesla”-1st floor3:00 Tea at Three-2nd Floor **3:15 Current Events with Prof Cammy-3rd floor** 3:30 Shuffleboard-1st f3:30-4:30 Tony’s Café Bar Open **6:30 Living Wish for Linda B-** **RCMP Pipes and Drum Band**  | **29***9:00 Shopping at Carlingwood Mall* 9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd f10:10 Coffee Club-2nd fl10:30 3rd Floor Activities2:00 Ottawa Therapy Dog Rufus Visits-3rd floor**2:30 Fire Pit Afternoon- Patio**2:00 Art Group 1st floor3:00 Tea at Three-2nd Floor 3:30-4:30 Tony’s Café Bar Open  | **30**9:00 Reminiscence -Bdrm10:00 Balance Class-3rd 10:10 Coffee Club-2nd fl11:15 Wellness Class-3rd11-2 Blood Type Clinic- 2nd flMarketing*1:15 Papa Jack’s Popcorn* *Factory tour*2:00 Bingo-1s3:00 Tea at Three-2nd Floor 3:00 Bridge 2nd fl**3:30 National Ballet Class-3rd floor**3:30-4:30 Tony’s Café Bar Open | **31***9:00 Manotick Shopping*9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl10:10 Coffee Club-2nd fl10:30 Jeopardy-3rd fl2:00 Entertainment with and Social Hour / Bob Schwartz/Birthday Bash3:00 Tea at Three-2nd Floor3:15 Euchre- Library3:30-4:30 Tony’s Café Bar Open  | C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\TVEZM16C\girl-with-umbrella[1].jpg |
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