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| **Sunday** | **Monday** | September 2019 Orchard Walk**Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Sept 4th h 2019****Saturday** |
| 110:10 Coffee Club –1st fl10:30 Giant Crossword-2nd t fl11:00 Catholic Rosary Prayer11:15 Catholic Communion2:00 Movie “Look Who’s Talking Theatre Room 2:00 Ecumenical Service with Bob Caines and Organist Deb3:00 Tea at Three-2nd Floor Meen | **2 Labor STAT HOLIDAY** 10:10 Coffee Club1st d10:30 Catholic Rosary-chapel2:00 Movie Woman in Gold ” Theatre Room3:00- Ice Cream Cart 3:00 Tea at Three-2nd Floor  | 3*9:00 Manicures/ Yazmin***9:30 Mary Cook Stories-Chapel** 10:00 Balance Class- 3rd10:10 Coffee Club -1st fl10:30 Brain Games-1sd fl ***11:00 Pounds Pulse and Pressure/Chapel***11:15 Wellness Class-3rd 1:30 Canasta with Peggy- 2nd fl2:00 Bingo-1st fl 3:00 Tea at Three-2nd Floor 3:30 Shuffleboard-1st fl3:30-4:30 Tony’s Café Bar Open **4:00 Rev. Hartman-3rd floor** | *4**9:00 Shopping at Billings*9:00 Chair Exercises9:30 Chair Exercises 3rd f10:10 Coffee Club-1st fl10:30 3rd Floor Activities**2:00 Lemonade Cart**2:00 Ottawa Therapy Dog Rufus Visits-3rd floor3:00 Tea at Three-2nd Floor 3:30-4:30 Tony’s Café Bar Open **6:30 “New” Netflix Movie-3rd floor “ “Colette”** | 59:00 Reminiscence -Bdrm10:00 Balance Class-3rd ***9:00 Garage Sale for ALS***10:10 Coffee Club-1st fl10:45 Catholic Mass with Father Plante1:15 Wellness Class-3r2:00 Art Group 1st floor3:00 Tea at Three-2nd Floor **3:00 BINGO-1st** fl3:00 Bridge 2nd fl3:30-4:30 Tony’s Café Bar Open  | 69:00 Manotick Shopping 9:00 Chair Exercises9:30 Chair Exercises 3rd f10:10 Coffee Club—1st fl**2:00 Social Hour Margie and Bruce Singalong**3:00 Tea at Three-2nd Floor 3:15 Euchre- Library3:30-4:30 Tony’s Café Bar Open **6:30 “New” Netflix Movie-3rd floor” Annie”**  | 710:10 Coffee Club-1st fl10:15 Bingo 1st floor11:00 Tai Chi-3rd fl 2:00 Classic Movie “The Maltese Falcon” Theatre Room 3:00 Tea at Three-2nd Floor 3:30 Bianca and Izzy- 1st flKr |
| 8 **Grandparents Day** 10:10 Coffee Club –1st fl**10:30 Celebrating Grandparents Day with Marvin the Magician****And other events**11:00 Catholic Rosary Prayer11:15 Catholic Communion2:00 Movie “A Double Life” Theatre Room 2:00 Ecumenical Service with Bob Caines and Organist Deb3:00 Tea at Three-2nd Floor 3:30-4:30 Tony’s Café Bar Open Kr | **9 Footcare Nurse In**9:00 Manotick Shopping 10:10 Coffee Club -1st floor10:30 Chair Exercises 3rd f11:00 Chair Exercises 3rd fl10:30 Catholic Rosary-chapel2:00 Bingo2:00 Movie “ An American in Paris ” Theatre Room3:00 Ice Cream 3:00 Tea at Three-2nd Fl3:30-4:30 Tony’s Café Bar Open**3:15 Current Events with Prof Cammy-3rd floor**  | 10 9:30 Walking Club- meet at Patio 10:00 Balance Class- 3rd10:10 Coffee Club -1st fl10:30 Brain Games-1st fl 11:15 Wellness Class-3rd 1:30 Canasta with Peggy- 2nd fl**2:30 Residents Council Meeting-3rd fl** 3:00 Tea at Three-2nd Floor 3:30 Shuffleboard-1st fl3:30-4:30 Tony’s Café Bar Open  | 11*9:00 Shopping at Barrhaven*9:00 Chair Exercises9:30 Chair Exercises 3rd f10:10 Coffee Club-1st fl10:30 3rd Floor Activities **2:00 Lemonade Cart**2:00 Ottawa Therapy Dog Rufus Visits-3rd floor3:00 Tea at Three-2nd Floor 3:30-4:30 Tony’s Café Bar Open **6:30 Pub Night with Dave Baldwin** | 129:00 Reminiscence -Bdrm10:00 Balance Class-3rd 10:10 Coffee Club-1st fl11:15 Wellness Class-3r*1:15 Pop Silos Outing to the countryside*3:00 Tea at Three-2nd Floor **3:00 BINGO-1st** fl2:00 Art Group 1st floor3:00 Bridge 2nd fl3:30-4:30 Tony’s Café Bar Open  | 139:00 Chair Exercises9:30 Chair Exercises 3rd f10:10 Coffee Club—1st fl10:30 Giant Crossword-2nd fl**2:00 Social Hour and Entertainment with Bob and Don Duo** 3:00 Tea at Three-2nd Floor 3:15 Euchre- Library3:30-4:30 Tony’s Café Bar Open **6:30 “New” Netflix Movie-3rd floor “La La Land ”** | 14**9:30 Cribbage-library**10:10 Coffee Club—1st fl10:15 Bingo 1st floor11:00 Tai Chi-3rd fl 2:00 Classic Movie ”Showboat” Theatre Room 3:00 Tea at Three-2nd Floor **4:00 Jordan plays Piano-1st floor**Gr |
| 1510:10 Coffee Club -1st floor**10:30 Family Feud-1st fl**11:00 Catholic Rosary Prayer11:15 Catholic Communion 2:00 Movie “ My Big Fat Greek Wedding” Theatre Room 2:00 Ecumenical Service with Rev Gratton and Organist Deb3:00 Tea at Three-2nd FloorGR | 16 9:15 Jeopardy-1st fl10:10 Coffee Club -1st floor10:30 Chair Exercises 3rd f11:00 Chair Exercises 3rd fl10:30 Catholic Rosary-chapel*1:30 Rideau Carleton Slots*2:00 Bingo2:00 Movie “Walk The Line ” Theatre Room3:00 Ice Cream 3:00 Tea at Three-2nd Fl3:30-4:30 Tony’s Café Bar Open   | 17 *9:00 Manicures/ Yazmin*9:30 Walking Club- meet at Patio 10:00 Balance Class10:10 Coffee Club -1st floor10:30 Brain Games-1st fl 11:15 Wellness Class 1:30 Canasta with Peggy- 2nd fl 2:00 Bingo-1st floor3:00 Tea at Three-2nd Floor **3:15 Meet and Greet Liberal Candidate Chris Rodgers-3rd floor**3:30 Shuffleboard-1st f3:30-4:30 Tony’s Café Bar Open  | 18*9:00 Shopping at Kemptville*9:00 Chair Exercises9:30 Chair Exercises 3rd f10:10 Coffee Club-1st fl10:30 3rd Floor Activities**2:00 Lemonade Cart**2:00 Ottawa Therapy Dog Rufus Visits-3rd floor3:00 Tea at Three-2nd Floor 3:30-4:30 Tony’s Café Bar Open **3:00 Spelling Bee- Boardroom****6:30 “New” Netflix Movie-3rd floor “ Little Women”** | 199:00 Reminiscence -Bdrm10:00 Balance Class-3rd 10:10 Coffee Club-1st fl10:45 Catholic Mass with Father Plante11:15 Wellness Class-3rd*12:30 Richmond Fair Seniors Day* 3:00 Bridge 2nd fl2:00 Art Group 1st floor**3:00 BINGO-1st** fl3:00 Tea at Three-2nd Floor 3:30-4:30 Tony’s Café Bar Open  | 20*9:00 Manotick Shopping*9:00 Chair Exercises9:30 Chair Exercises 3rd f10:10 Coffee Club-1st fl**10:30 Ecumenical Service with Rev Gratton and Deb Protsack****2:00 Entertainment by Stanley Frank and Social Hour**3:00 Tea at Three-2nd Floor3:15 Euchre- Library3:30-4:30 Tony’s Café Bar Open **6:30 “New” Netflix Movie-3rd floor “ Christopher Robin ”** | *21*10:10 Coffee Club-1st fl10:15 Bingo-1st fl 11:00 Tai Chi-3rd fl 2:00 Movie “Radio” Theatre Room3:00 Tea at Three-2nd Floor **3:00 Dyanne Photography Show Northern Lights** Fe |
| 2210:10 Coffee Club -1st floor10:30 Giant Crossword-2nd fl11:00 Catholic Rosary Prayer11:15 Catholic Communion **1-4** **1:00 Town Crier** **12:45 -1:30 Latin Chair Dance****20th Anniversary Open House Harvest Festival with the Duo OZ from 1:30-3:30****JJ Clarke Weather?** **Open House****Sorry No Ecumenical Service** 3:00 Tea at Three-2nd Floor 3:30-4:30 Tony’s Café Bar Open Fe | 23**Footcare Nurse In**9:15 Jeopardy-1st fl10:10 Coffee Club -1st floor10:30 Catholic Rosary-chapel10:30 Chair Exercises 3rd f11:00 Chair Exercises 3rd fl2:00 BINGO-1st fl2:00 Movie” Sleepless in Seattle ” Theatre Room3:00 Ice Cream Cart-1st 3:00 Tea at Three-2nd Floor 3:30-4:30 Tony’s Café Bar Open CPR RECERT Staff 2 and 3:15 p.m.  | 24 9:30 Walking Club- meet at Patio 10:00 Balance Class10:10 Coffee Club -1st floor10:30 Brain Games-1st fl ***11:00 Pounds Pulse and Pressure/Chapel***11:15 Wellness Class**12:45 Ottawa River Cruise- Hull****Cost $28**1:30 Canasta with Peggy- 2nd fl2:00 Bingo-1st fl3:00 Tea at Three-2nd Floor 3:30-4:30 Tony’s Café Bar Open 3:30 Shuffleboard-1st fl | 25*6:00 Euchre with Liz**9:00 Shopping at Carlingwood and Lunch* 9:00 Chair Exercises9:30 Chair Exercises 3rd f10:10 Coffee Club-1st fl10:30 3rd Floor Activities2:00 Ottawa Therapy Dog Rufus Visits-3rd floor2:00 Ecu Service Rev Gratton and Organist Deb**2:00 Lemonade Cart****2:30 Shannon ‘s Singalong -3rd fl**3:00 Tea at Three-2nd Floor3:30-4:30 Tony’s Café Bar Open **6:30 “New” Netflix Movie-3rd floor “ ”Willy Wonka and the Chocolate Factory** | 269:00 Reminiscence -Bdrm10:00 Balance Class-3rd 10:10 Coffee Club-1st fl11:15 Wellness Class-3rd*11:45 Pearl House Chinese Food*3:00 Tea at Three-2nd Floor 2:00 Art Group 1st floor**3:00 BINGO-1st** fl3:00 Bridge 2nd fl3:30-4:30 Tony’s Café Bar Open  | 27*9:00 Manotick Shopping*9:00 Chair Exercises9:30 Chair Exercises 3rd f10:10 Coffee Club-1st fl10:30 Giant Crossword-2nd **2:00 Entertainment with North Country Band and Social Hour /**3:00 Tea at Three-2nd Floor3:15 Euchre- Library3:30-4:30 Tony’s Café Bar Open **6:30 “New” Netflix Movie-3rd floor “ Into the Woods”** | *28*10:10 Coffee Club-1st fl11:00 Tai Chi-3rd fl 2:00 Movie” Singing in the Rain Theatre Room2:15 Bingo 1st d floor3:00 Tea at Three-2nd Floor 3:30-4:30 Tony’s Café Bar Open **4:00 Jordan plays Piano-1st floor**Aimee |
| **29**10:10 Coffee Club -1st floor10:30 Giant Crossword Puzzle-2st 11:00 Catholic Rosary Prayer11:15 Catholic Communion2:00 Movie “Sully” Theatre Room **Sorry No Ecumenical Service** 3:00 Tea at Three-2nd Floor**Aimee** | **30**9:15 Jeopardy-1st fl10:10 Coffee Club -1st floor10:30 Catholic Rosary-chapel10:30 Chair Exercises 3rd fl11:00 Chair Exercises 3rd fl*1:15 Sightseeing Bus Outing* 2:00 BINGO-1st fl2:30 Movie “Sense and Sensibility ” Theatre Room3:00 Ice Cream Cart-1st 3:00 Tea at Three-2nd Floo3:30-4:30 Tony’s Café Bar Open **3:15 Generation Gap Trivia-3rd floor** |  |  |  |  |  |
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