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| **Sunday** | **Monday** | October 2019 Orchard Walk**Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Sept 26th**  **2019****Saturday** |
| C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\TVEZM16C\pumpkins-110661300137634Wkd[1].jpg | C:\Program Files (x86)\Microsoft Office\MEDIA\CAGCAT10\j0305493.wmf | 1*9:00 Manicures/ Yazmin*10:00 Balance Class- 3rd10:10 Coffee Club -1st fl10:30 Brain Games-3rd fl 11:15 Wellness Class-3rd 1:30 Canasta with Peggy- 2nd fl2:00 Bingo-1st fl 3:00 Tea at Three-2nd Floor 3:30 Shuffleboard-1st fl3:30-4:30 Tony’s Café Bar Open 7:00 Evening Tea- 3rd Fl Lounge | *2* **9-3 Photo Session with ROSSS***9:00 Shopping at Billings*9:00 Chair Exercises9:30 Chair Exercises 3rd f10:10 Coffee Club-1st fl10:30 3rd Floor Activities**2:00 Apple Cider Cart**3:00 Tea at Three-2nd Floor 3:30-4:30 Tony’s Café Bar Open **6:30 Pub Night with Dave Baldwin**7:00 Evening Tea- 3rd Fl LoungeStaff Fire In-service1:45 and 3:15 p.m. | 39:00 Reminiscence -Bdrm10:00 Balance Class-3rd 10:10 Coffee Club-1st fl**10:45 Catholic Mass with Father Plant***1:00 Tour of Watsons Mill and Dickinson House cost 3 $*1:15 Wellness Class-3r2:00 Art Group 1st floor3:00 Tea at Three-2nd Floor 3:00 BINGO-1st fl3:00 Bridge 2nd fl3:30-4:30 Tony’s Café Bar Open 7:00 Evening Tea- 3rd Fl Lounge | 49:00 Chair Exercises9:30 Chair Exercises 3rd f10:10 Coffee Club—1st fl10:30 Spelling Bee-1st **2:00 Social Hour and Entertainment with Simon Clarke** 3:00 Tea at Three-2nd Floor 3:15 Euchre- Library3:30-4:30 Tony’s Café Bar Open **6:30 “New” Netflix Movie-3rd floor “Seven Years in Tibet”**7:00 Evening Tea- 3rd Fl Lounge | 510:10 Coffee Club-1st fl11:00 Tai Chi-3rd fl 2:00 Documentary Movie” Jerusalem-Centre of the World” ”Theatre Room 2:15 Bingo 1st floor3:00 Tea at Three-2nd Floor 7:00 Evening Tea- 3rd Fl LoungeJ |
| 6 10:10 Coffee Club –1st fl10:30 Giant Crossword-2nd t fl11:00 Catholic Rosary Prayer11:15 Catholic Communion2:00 Movie Documentary “Clans of Ireland: Theatre Room 2:00 Ecumenical Service with Bob Caines and Organist Deb3:00 Tea at Three-2nd Floor 3:30-4:30 Tony’s Café Bar Open 7:00 Evening Tea- 3rd Fl Lounge | **7****Footcare Nurse In**10:10 Coffee Club -1st floor10:30 Chair Exercises 3rd f11:00 Chair Exercises 3rd fl10:30 Catholic Rosary-chapel2:00 Bingo2:00 Movie “Lawrence Welk America with Love” Theatre Room3:00 Ice Cream 3:00 Tea at Three-2nd Fl3:30-4:30 Tony’s Café Bar Open7:00 Evening Tea- 3rd Fl Lounge | 8 10:00 Balance Class- 3rd10:10 Coffee Club -1st fl10:30 Brain Games-3rd fl 11:15 Wellness Class-3rd 1:30 Canasta with Peggy- 2nd fl**2:30 Residents Council Meeting-3rd fl** 3:00 Tea at Three-2nd Floor 3:30 Shuffleboard-1st fl3:30-4:30 Tony’s Café Bar Open **3:30 Pool Meeting Theatre Room**7:00 Evening Tea- 3rd Fl Lounge | 9*9:00 Shopping at Barrhaven*9:00 Chair Exercises**9:15 Board Games with Liam****- 1st floor**9:30 Chair Exercises 3rd f10:10 Coffee Club-1st fl10:30 3rd Floor Activities**2:00 Apple Cider Cart*****2:00 Ageless Players-3rd floor*** 3:00 Tea at Three-2nd Floor 3:30-4:30 Tony’s Café Bar Open **6:30 “New” Netflix Movie-3rd floor “ “Babe”**7:00 Evening Tea- 3rd Fl Loung | 109:00 Reminiscence -Bdrm**9:00 Anna’s Travelling Gifts**10:00 Balance Class-3rd 10:10 Coffee Club-1st fl11:15 Wellness Class-3r*11:15Kars Harvest Luncheon- $15*2:00 BINGO-1st fl2:00 Art Group 1st floor3:00 Tea at Three-2nd Floor 3:00 Bridge 2nd fl**3:15 Meet and Greet Conservative Candidate**  **Pierre Poilievre-3rd floor**3:30-4:30 Tony’s Café Bar Open 7:00 Evening Tea- 3rd Fl Lounge | 119:00 Manotick Shopping 9:00 Chair Exercises9:30 Chair Exercises 3rd f10:10 Coffee Club—1st fl10:30 Giant Crossword-2nd fl**2:00 Social Hour and Entertainment with Trudi Letourneau**3:00 Tea at Three-2nd Floor 3:15 Euchre- Library3:30-4:30 Tony’s Café Bar Open **6:30 “New” Netflix Movie-3rd floor “Mission of Honor”**7:00 Evening Tea- 3rd Fl Lounge | 1210:10 Coffee Club—1st fl11:00 Tai Chi-3rd fl 2:00 Documentary Movie” The Rocky Mountaineer” Theatre Room 2:15 Bingo 1st floor3:00 Tea at Three-2nd Floor 3:30-4:30 Tony’s Café Bar Open 4:0**0 Jordan plays Piano-1st floor**7:00 Evening Tea- 3rd Fl LoungeB |
| 13 **Thanksgiving Sunday**10:10 Coffee Club -1st floor10:30 Giant Crossword-2nd fl11:00 Catholic Rosary Prayer11:15 Catholic Communion 2:00 Documentary Movie Great Migrations” Theatre Room 2:00 Ecumenical Service with Rev Gratton and Organist Deb3:00 Tea at Three-2nd Floor3:30-4:30 Tony’s Café Bar Open 7:00 Evening Tea- 3rd Fl Lounge | 14 **Thanksgiving Monday** **Stat Holiday**10:10 Coffee Club -1st floor10:30 Catholic Rosary-chapel2:00 Movie “ Exploring the Panama Canal ” Theatre Room3:00 Ice Cream 3:00 Tea at Three-2nd Fl 7:00 Evening Tea- 3rd Fl Lounge | 15*9:00 Manicures/ Yazmin*10:00 Balance Class10:10 Coffee Club -1st floor10:30 Brain Games-3rd fl 11:15 Wellness Class 1:30 Canasta with Peggy- 2nd fl 2:00 Bingo-1st floor 3:00 Tea at Three-2nd Floor 3:30 Shuffleboard-1st f3:30-4:30 Tony’s Café Bar Open 7:00 Evening Tea- 3rd Fl Lounge | 16 *9:00 Shopping at Kemptville*9:00 Chair Exercises9:30 Chair Exercises 3rd f10:10 Coffee Club-1st fl10:30 3rd Floor Activities**2:00 Apple Cider Cart**2:00 Rufus Visits-3rd floor3:00 Tea at Three-2nd Floor 3:30-4:30 Tony’s Café Bar Open **3:00 George on Piano-3rd floor****6:30 “New” Netflix Movie-3rd floor “ Hello My Name is Doris”** | 179:00 Reminiscence -Bdrm10:00 Balance Class-3rd 10:10 Coffee Club-1st fl11:15 Wellness Class-3rd*1:15 Sightseeing Bus Outing* 2:00 Art Group 1st floor3:00 Bridge 2nd fl3:00 Bingo-1st3:00 Tea at Three-2nd Floor 3:30-4:30 Tony’s Café Bar Open 7:00 Evening Tea- 3rd Fl Lounge | 18*9:00 Manotick Shopping*9:00 Chair Exercises9:30 Chair Exercises 3rd f10:10 Coffee Club-1st fl10:30 Giant Crossword-1st fl**2:00 Social Hour Margie and Bruce Singalong**3:00 Tea at Three-2nd Floor3:15 Euchre- Library3:30-4:30 Tony’s Café Bar Open **6:30 “New” Netflix Movie-3rd floor “Miracles from Heaven”**7:00 Evening Tea- 3rd Fl Lounge | *19***9:15 Cribbage-library**10:10 Coffee Club-1st fl11:00 Tai Chi-3rd fl 2:00 Documentary Movie ”Legendary Train Trip The Santa Fe ” Theatre Room2:15 Bingo 1st floor3:00 Tea at Three-2nd Floor 3:30-4:30 Tony’s Café Bar Open **3:30 Bianca and Izzy on Piano-1st floor**7:00 Evening Tea- 3rd Fl Lounge |
| 2010:10 Coffee Club -1st floor11:00 Catholic Rosary Prayer11:15 Catholic Communion 2:00 Documentary Movie American Train Trip “The Way West ” Theatre Room 2:00 Ecumenical Service with Rev Gratton and Organist Deb3:00 Tea at Three-2nd Floor 3:30-4:30 Tony’s Café Bar Open 7:00 Evening Tea- 3rd Fl Lounge Ron  | **Federal Election Day Voting on 1st floor 9-3:30 pm**21 **Footcare Nurse In**9:15 Jeopardy-1st fl10:10 Coffee Club -1st floor10:30 Catholic Rosary-chapel10:30 Chair Exercises 3rd f11:00 Chair Exercises 3rd fl**11:30 Chinese Food Take Out Order - See Activities***1:45 Bus to O.W to vote*2:00 BINGO-1st fl2:00 Documentary Movie American Train Trip “The Rio Grande ” Theatre Room 3:00 Ice Cream Cart-1st 3:00 Tea at Three-2nd Floor 3:30-4:30 Tony’s Café Bar Open 7:00 Evening Tea- 3rd Fl Lounge  | 22 9:30 Walking Club- meet at Patio 10:00 Balance Class10:10 Coffee Club -1st floor10:30 Brain Games-3rd fl 11:15 Wellness Class*11:15 Men’s Luncheon Outing*1:30 Canasta with Peggy- 2nd fl2:00 Bingo-1st fl3:00 Tea at Three-2nd Floor **3:15 Current Events with Prof Cammy-3rd floor** 3:30-4:30 Tony’s Café Bar Open 3:30 Shuffleboard-1st fl7:00 Evening Tea- 3rd Fl Lounge | 23*6:00 Euchre with Liz**9:00 Shopping at Foodland/Dollarama* 9:00 Chair Exercises9:30 Chair Exercises 3rd f10:10 Coffee Club-1st fl10:30 3rd Floor Activities*1:00 Fall Leaves Tour*2:00 Ottawa Therapy Dog Rufus Visits-3rd floor **2:00 Lemonade Cart**3:00 Tea at Three-2nd Floor3:30-4:30 Tony’s Café Bar Open 7:00 Evening Tea- 3rd Fl Lounge6:30 p.m. Greenbelt Grass-1st floor | 249:00 Reminiscence -Bdrm10:00 Balance Class-3rd 10:10 Coffee Club-1st fl**10:45 Catholic Mass with Father Plant**11:15 Wellness Class-3rd*1:15 Rideau Carleton Slots*2:00 Bingo-1s2:00 Art Group 1st floor3:00 Tea at Three-2nd Floor 3:00 Bridge 2nd fl**3:15 NEW Chair Ballet for Seniors-3rd fl**3:30-4:30 Tony’s Café Bar Open 7:00 Evening Tea- 3rd Fl Lounge | 25*9:00 Manotick Shopping*9:00 Chair Exercises9:30 Chair Exercises 3rd f10:10 Coffee Club-1st fl10:30 Giant Crossword-2nd **2:00 Entertainment and Birthday bash with Dai Bassett and Social Hour /**3:00 Tea at Three-2nd Floor3:15 Euchre- Library3:30-4:30 Tony’s Café Bar Open **6:30 “New” Netflix Movie-3rd floor “Our Souls at Night”**7:00 Evening Tea- 3rd Fl Lounge | *26*10:10 Coffee Club-1st fl10:15 Bingo 1st floor11:00 Tai Chi-3rd fl 2:00 Documentary Movie “Survival Island” Theatre Room2:15 Bingo 1st floor3:00 Tea at Three-2nd Floor 3:30-4:30 Tony’s Café Bar Open **4:00 Jordan plays Piano-1st floor**7:00 Evening Tea- 3rd Fl LoungeM |
| **27**10:10 Coffee Club -1st floor10:30 Giant Crossword Puzzle-2st 11:00 Catholic Rosary Prayer11:15 Catholic Communion2:00 Documentary Movie Blue Planet ” Theatre Room 2:00 Ecu Service Rev Gratton and Organist Deb3:00 Tea at Three-2nd Floor3:30-4:30 Tony’s Café Bar Open **3:15 “ Cape Breton Session “****Plays for you…** 7:00 Evening Tea- 3rd Fl Lounge | **28**9:15 Jeopardy-1st fl9:15 Cribbage-library**10-3 Davidson Hearing Clinic**10:10 Coffee Club -1st floor10:30 Catholic Rosary-chapel10:30 Chair Exercises 3rd fl11:00 Chair Exercises 3rd fl2:00 BINGO-1st f3:00 Ice Cream Cart-1st 3:00 Tea at Three-2nd Floor**3:00 Concordia Choir** 3:30-4:30 Tony’s Café Bar Open 4:15 Documentary - Festivals of Europe- Theatre Room 5:00 German Dinner in the Dining Room 7:00 Evening Tea- 3rd Fl Lounge | 29*9:00 Manicures/ Yazmin*9:30 Walking Club- meet at Patio 10:00 Balance Class10:10 Coffee Club -1st floor10:30 Brain Games-3rd fl *11:00 Pounds Pulse and Pressure/Chapel*11:15 Wellness Class1:30 Canasta with Peggy- 2nd fl2:00 Bingo-1st fl3:00 Tea at Three-2nd Floor **3:15 Chair Ballet for Seniors-3rd fl**3:30-4:30 Tony’s Café Bar Open 3:30 Shuffleboard-1st fl7:00 Evening Tea- 3rd Fl Lounge | **30***9:00 Shopping at Carlingwood and Lunch* 9:00 Chair Exercises9:30 Chair Exercises 3rd f10:10 Coffee Club-1st fl10:30 3rd Floor Activities2:00 Ottawa Therapy Dog Rufus Visits-3rd floor **2:00 Lemonade Cart**2:00 Art Group 1st floor**2:30 Shannon ‘s Singalong -3rd fl**3:00 Tea at Three-2nd Floor3:30-4:30 Tony’s Café Bar Open **6:30 “New” Netflix Movie-3rd floor “ Coco Avant Chanel”**7:00 Evening Tea- 3rd Fl Lounge | 319:00 Reminiscence -Bdrm10:00 Balance Class-3rd 10:10 Coffee Club-1st fl11:15 Wellness Class-3rd**2:30 Halloween Party with Kings Creek Band**3:00 Tea at Three-2nd Floor 3:00 Bridge 2nd fl3:30-4:30 Tony’s Café Bar Open 7:00 Evening Tea- 3rd Fl Lounge | C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\WC9VKLFT\Pumpkins[1].jpg | C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\CW5AVFNY\pumpkin-02.svg[1].png |
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